

Health Voyage Ltd.

ANNUAL REPORT 2022/23



Trading as;
headspace Coffs Harbour
headspace Grafton
Coffs Harbour Women's Health Centre



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ACKNOWLEDGEMENT OF COUNTRY

Health Voyage acknowledges and pays respect to the past, present and future Traditional Custodians and Elders of the Bundjalung, Gumbaynggirr and Yaegl nations; the lands on which we deliver services. Through this acknowledgement, we honour the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.



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HEALTH VOYAGE YEAR IN REVIEW

YEAR IN NUMBERS

Health Voyage provided over

16,000

occasions of service to women, young people and their families in our community.

Coffs Harbour Women's Health Centre



General Practitioners provided

9,116

Physiotherapists provided

354

Our Dietitian provided

65

Our Psychologist provided

173

Women's Health Nurses & Nurse Educators provided

950

headspace Coffs Harbour



49% of these young people being new to the service

headspace Grafton



53% of these young people being new to the service



ABOUT US

Health Voyage Ltd (previously GenHealth Inc.) provides primary health and wellbeing services across the North Coast of NSW through our three primary services:

- Coffs Harbour Women's Health Centre
- headspace Coffs Harbour
- headspace Grafton

As a community organisation, we seek to provide no or low cost services to ensure that everyone has access to safe and affordable care and to continue to strive for better health outcomes for our community. We have been here for over 40 years, living, working, playing and caring for this unique and amazing community.

STRATEGIC PLAN 2022-2027

OUR VISION

Healthier People. Stronger Communities.

OUR MISSION

To provide equal access to safe, quality health care services & improve the physical, mental & social wellbeing of vulnerable individuals within our community.

OUR STORY

Health Voyage began as The Coffs Harbour Women's Health Centre; a service developed by local women concerned about unmet health needs, & delivered for & by women since 1986. Over the years the organisation has evolved & grown as new challenges & opportunities have arisen. Health Voyage is now a multi-disciplinary organisation providing evidence based clinical, health promotion & allied health services for those at risk in the community.

OUR SERVICES

Health Voyage has a range of multi-disciplinary services providing care to women & girls & young people & their families throughout the Coffs Coast, Nambucca & Clarence Valley.

Our services are supported by a corporate team, ensuring quality, compliance, efficiency & effectiveness in all that we do.

OUR VALUES

At Health Voyage we hold five core values which are at the heart of everything we do. These values are communicated to all stakeholders so that our corporate values can

be shared & to ensure that they align with the personal values of those people who seek our services, community members, partners, Directors & staff members.

**ETHICAL
INTEGRITY
RESPECT
DIVERSITY
COMPASSION**

OBJECTIVES AND STRATEGIES

Objective

COMMUNITY ACCESS

Outcome: All community members have access to safe & affordable health care.

Strategies:

- **Safe**
Our organisation & our services are culturally & physically safe
- **Accessible**
Our services are planned, designed & operated to enhance access to care
- **Affordable**
People who seek our services can do so without consideration of affordability as a barrier to seeking & obtaining health care

Objective

FINANCIAL VIABILITY

Outcome: Financially viable organisation that is sustainable, self-managing & self-governing.

Strategies:

- **Ethical**
Ethical decision-making occurs across our organisation to enhance financial stewardship & for the efficient use of resources aligned to values, vision & mission
- **Systems & processes**
Governance & operational systems, business & accounting processes & organisational tools maximise efficiency, effectiveness & economic strength

Objective

LOYAL STAFF & STAKEHOLDERS

Outcome: Loyal, qualified & competent professionals, Directors, & volunteers.

Strategies:

- **Quality**
We attract & retain the highest quality staff & health care professionals
- **Investment**
We invest in our staff, contractors, Directors & volunteers

Objective

COLLABORATIVE HOLISTIC SERVICES

Outcome: Holistic service delivery in collaboration with other complementary service providers.

Strategies:

- **Person-lead**
People who access our services & their family & friends are the primary stakeholder in their own journey. We undertake our services 'with' each person, not 'for' them
- **Inclusive & Diverse**
We embrace opportunities to work with diverse community members & stakeholders

Objective

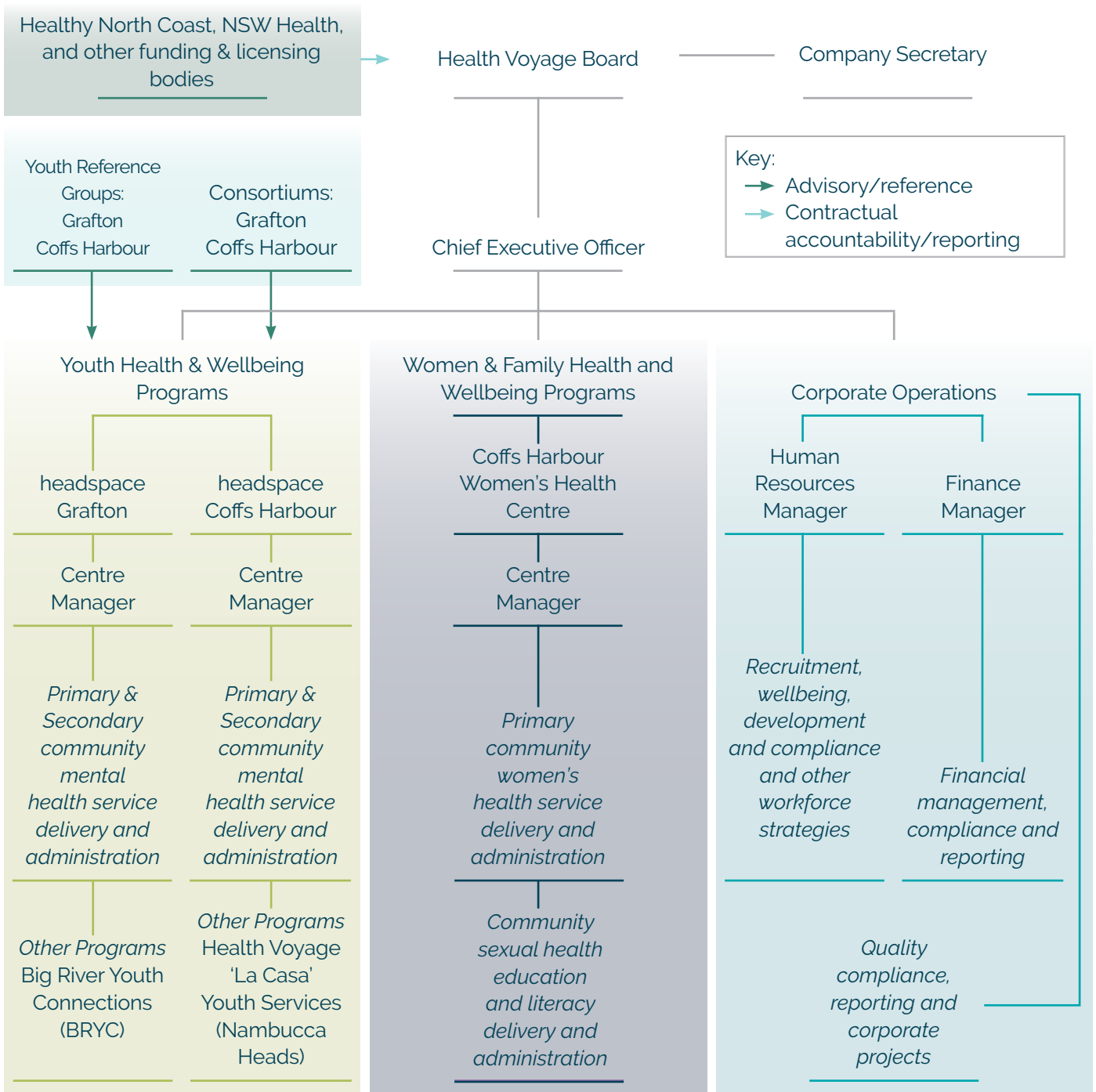
CAPABILITY & CAPACITY

Outcome: Program delivery that is innovative, effective & capable of meeting current & future demands

Strategies:

- **Innovators**
We keep abreast of advances in business & healthcare & look to adopt proven innovations as early as possible
- **Evidenced-informed**
Our service delivery is continuously revised & informed by existing & emerging evidence
- **Forward Thinking**
Our organisation seeks to be informed by community needs & feedback to plan for the future

HEALTH VOYAGE ORGANISATIONAL CHART



Note: Does not include co-located partner services within any of the programs, or private practitioners/contractors.



“I like the way the headspace workers are able to relate to my child and young people in general, I also like the environment and mentality headspace provides.”

Response to headspace Family and Friends Survey 2022/23



CHAIR'S MESSAGE

YVONNE KACHEL, CHAIRPERSON

2022/23 has seen many changes to our organisation as well as our services to the community. GenHealth Inc. is now no longer, and our new name is Health Voyage Limited, Company Limited by Guarantee, with a new Constitution, policies and website befitting our organisation going forward.

Thanks go to our busy Board, consisting of Deputy Chair Carol Burfoot, Directors Natalie Ryan, Shar Goodwin, Diana Dalley, and our newest board member, Dr Renee Strazzari, who have all worked hard to ensure that we are meeting our obligations under our new name. Thanks also goes to our Secretary, Cathie Frost, who has provided strong and essential support to the Board and is now a permanent member on our team.

The Board also sought training this year to assist in governance duties, strategic planning, financial obligations, and partnerships. We invited members of the Lifeline North Coast Board to join us in the training, as well as the Health Voyage Leadership Team. The outcome was positive, with a greater relationship with Lifeline North Coast, and a decision to refresh our Vision, in line with our new Company.

Our Vision, "Healthier People. Stronger Communities." defines Health Voyage, with service provision for girls and women and young people to live their best lives possible through health and wellbeing programs that extend into the community.

There has also been changes in our services as well as our hard-working staff. Our previous Chief Executive Officer, Dr Shelley Rowe PhD resigned in late May 2023 to seek a new role, and we thank her for her years working with GenHealth and moving our organisation to our new company.

The Manager of headspace Coffs Harbour, who was also moving to a new role, decided to accept the challenge and take up the position of Chief Executive Officer for an initial period of twelve months. Ms Tazmyn Jewell is a lawyer who has inspired both our Board and staff with her new approach, her willingness to create new opportunities and see a new future.

Any change in an organisation is always difficult and sometimes can create anxiety as to the future and I want to thank both the Board and our wonderful staff who have been willing to work through the changes with respect for each other and our organisation.

Health Voyage is a combination of services through both the Coffs Harbour Women's Health Centre and as lead agency for our two headspace services in Coffs Harbour and Grafton that can provide expansion across the communities in the North Coast. Each service can define clearly the community needs and our Chief Executive Officer with the Leadership Team are developing plans and forward progress for new and creative services.

Although the Youth Expansion Services of La Casa Youth Services, Nambucca Heads and Big River Youth Connections, Clarence Valley, have now ceased, our two headspace services have been working closely together, with Dan Griffin as Centre Manager of Grafton

and Suzanne O'Donnell as Centre Manager of Coffs Harbour. This has allowed the opportunity for staff from both services to combine their knowledge and expertise in the development of opportunities for young people in their area.

The Coffs Harbour Women's Health Centre now has a Centre Manager that will enable the centre to expand their services. The appointment of Julie Chakos as Centre Manager will allow the centre to provide more and different programs ranging from pre-natal to ageing well across women's life span.

Health Voyage is also excited to announce that two new programs are due to commence in the 2023/24 year. Through the Women's Health Centre the Endometriosis and Pelvic Pain Clinic is due to commence operation in July 2023. Health Voyage, as a member of the Therapeutic Alliance, has taken on the administration of The Mental Health Nursing program, an integral component of the primary mental health program. Funding for this initiative has been provided by Healthy North Coast, with EACH serving as the lead agency. The program's implementation is scheduled to commence early in the 2023/24 period.

Our thanks go to Healthy North Coast and the Mid North Local Health District for their support and financial contribution for our services. Thanks also go to both Federal and NSW Government services for their funding and support.

Health Voyage is financially sound, and we will be looking forward in seeking new services to build strong and healthy girls, women and young people who can live their healthiest lives in strong regional and local communities.

Working in partnership with other services, and helping each other along the way, we can ensure that the future is bright in our wonderful North Coast region.

CEO'S MESSAGE

TAZMYN JEWELL, CHIEF EXECUTIVE OFFICER

As the incumbent CEO of Health Voyage, I am honoured to present the message for our 2022/2023 Annual Report. Growth and change mark the end of this year with new beginnings and opportunities on the horizon.

Our previous CEO left big shoes to fill - I'm grateful for Shelley Rowe's tireless and diligent work over the years and I'm excited to be taking the organisation on the next chapter of the journey.

The 2023 year saw our successful transition to a company limited by guarantee with our new name Health Voyage Ltd. Our name and logo may have changed but one thing that hasn't changed is our commitment to fostering wellbeing and creating a positive impact in the lives of individuals and communities.

Our team celebrated the launch of the new name (the name was chosen through a staff competition!) with an afternoon at Tranquillo Beach House in November 2022 which provided space for staff to connect and reflect. Our official transition didn't take place until March 2023 and this project was led by Company Secretary and Quality Improvement Project Officer, Cathie Frost, whose praise I would like to sing for her outstanding and ongoing contributions to our organisation.

This year we witnessed the power of our staff with their tireless efforts, fuelled by a genuine desire to make a positive impact through the delivery of individual services, events, raising awareness, fostering nurturing environments, teaming up with partner organisations, and developing new and innovative projects to reach our services further - our staff's contributions are the

cornerstone of our success.

The power of our staff goes beyond the day-to-day work; it lies in our collective spirit and shared purpose and vision. In the face of challenges and change our staff have demonstrated an incredible ability to adapt, innovate, and work together. The three services have performed really well again this year, providing high quality evidence based services that are inclusive, trauma informed and free or low cost. One of our biggest challenges this year was recruiting new clinical staff due to critical workforce issues in the regions. We are working with partner organisations and our funders to develop creative solutions to the ongoing workforce shortage in the regions.

We are now a member of the Therapeutic Alliance overseeing Mental Health Nursing Services for the North Coast, this grows our suite of service offerings and strengthens our ties with the consortium - EACH, Wellways, Ability Options and The Buttery. Through transparent governance practices and steady leadership from our wonderful Board, we are poised to make an even greater impact in the years to come.

I extend my deepest gratitude to our dedicated Leadership Team – Belinda Jones (Human Resources Manager), Paul Chakos (Finance Manager), Suzanne O'Donnell (Centre Manager, headspace



Coffs Harbour), Dan Griffin (Centre Manager, headspace Grafton), Julie Chakos (Centre Manager, Women's Health Centre) and Cathie Frost (Company Secretary and Quality Improvement Project Officer). This team of skilled and passionate professionals make things happen!

I also extend a big thank you to our funders, our community partners, and the communities that we serve for placing trust in the services that we deliver.

We are really excited about the year ahead; with our shared determination we are confident in our ability to create a brighter future.

"I like that there is a free service that focuses on teenagers and young adults where they know they can come and get the help they need when they need it. It's important for teenagers and young adults to have a service like this as there is so much stress in today's world that can be thoroughly overwhelming to cope with."

Response to headspace Family and Friends Survey 2022/23





HEALTH VOYAGE BOARD OF DIRECTORS

Yvonne Kachel, Chairperson

Carol Burfoot, Deputy Chairperson

Diana Dalley, Director

Natalie Ryan, Director

Shar Goodwin, Director

Dr Renee Strazzari, Director,
from June 2023

Andria Sylvester, Director,
resigned April 2023

“I felt so comfortable during my appointment today. I felt listened to, valued and that I was given the opportunity to have autonomy in the decisions I make for my body as the Dr took the time to share her knowledge keeping me informed and having a good discussion about my body and my options.”

Response from feedback survey from client, Coffs Harbour Women's Health Centre January 2023

CLINICAL QUALITY AND SAFETY

Clinical quality and safety are at the forefront of all of the work we do. This year in the post pandemic landscape our Clinical Governance Committee has been able to take stock of lessons learned and plan for our future resilience.

Our commitment to excellence and continuous improvement extended to all facets of our organisation with both headspace centres undergoing rigorous accreditation and certification processes to ensure that we meet the highest standards, align with evidence-based practices, and adhere to model integrity. The dedication of our teams to these processes has been truly outstanding, reaffirming our dedication to continuous quality improvement. We have had incredible support from funders including Healthy North Coast PHN, headspace National and Mid North Coast Local Health District/New South Wales Health.

As we move forward, we remain committed to enhancing the skills and knowledge of our workforce. The ongoing revision of our Clinical Governance Framework reflects our dedication to continuous improvement and our pursuit of excellence. In the ever-changing landscape of healthcare, our commitment to learning ensures that we can effectively address the evolving needs of our community. As we adapt to new challenges and opportunities, our commitment to clinical quality and safety remains unwavering.

CULTURAL GOVERNANCE AND RECONCILIATION

We acknowledge that we have important and continued work to improve cultural governance across our organisation. In 2022/23 we saw the implementation of the 2021/22 Cultural Governance Plan which included key features of:

- Development of an Acknowledgement of Country by Aboriginal Staff endorsed by Elders (Gumbaynggirr, Bundjalung and Yaegl).
- Cultural Safety Training for staff.
- Representation of Young People who identify as Aboriginal on headspace Youth Reference Groups.
- Partnerships (MOUs, SLAs) with Aboriginal Medical Services and/or Aboriginal-owned/controlled organisations
- To close the gap on social determinants of health through prioritisation of Aboriginal suppliers (Aboriginal procurement).
- Expansion of feedback mechanisms (exit surveys, annual partner survey etc) to seek feedback on cultural competence from people who seek our care and the broader community.
- Review of each premises to ensure culturally celebratory and trauma-informed spaces.

This is a call to action, we must do more, our commitment to cultural governance, reconciliation, and cultural safety is enhanced through meaningful partnerships. We look forward to the year ahead, the meaningful partnerships, and steps we can take to embed a framework of cultural safety across our organisation.

"Thank you so much for coming along and providing such a great presentation to our staff. We received a lot of positive feedback about the quality and appropriateness of information and I feel this is really going to help us in identifying and supporting our young people struggling with this area of mental health. Thank you once again!"

Feedback from presentation from headspace works to local high school educators, October 2022

HEALTH VOYAGE IN THE COMMUNITY

At Health Voyage, our strong connection to our communities is a cornerstone of meeting our strategic objectives. Our unwavering commitment to achieving our mission is exemplified through a series of impactful initiatives.

Here's a glimpse at some of the highlights for 2022/23:

Community Engagement through Harwood Process:

During Youth Week, close collaboration with community partners led to the use of the Harwood Process. This approach enabled direct insights from youth, ensuring services were tailored to their specific needs and aspirations.

Youth Reference Group Empowerment:

Our Youth Reference Groups continued to be integral decision-makers for our two headspace services, enhancing the quality of our services and fostering a sense of ownership within the community.

Active Participation in Community Events:

Our services actively engaged in community events like Close the Gap Day, NAIDOC Week events, Women's Health Week, Coffs Harbour Splendour in the Shed and Youth Week celebrations. These events fostered community connections and raised awareness about mental health and women's health issues and available resources.



Consultation with Partner Organisations:

Feedback from partner organisations was gathered through surveys to gain insights into their experiences working with Health Voyage services. Feedback included that we were attentive, were good to work with and were professional and committed to young people.

Needs Assessments and Surveys:

Needs assessments and surveys were conducted to understand the concerns, support preferences and service satisfaction of young people, their family and friends and women in the community

headspace Day - Pause, Reflect, Reconnect

An event emphasising the importance of taking time to pause, reflect, and reconnect. Activities included a skate jam, art jam, radio workshops, and related activities.

Artful Recovery Funding:

Funding from Healthy North Coast enabled additional sessions by art therapist Dr. Emma Gentle. These sessions allowed young people to creatively enhance their sense of identity, agency, and self-esteem, contributing to their strength and resilience.

Focus Groups:

Focus Groups are conducted throughout the year by all services. A headspace Grafton Family and Friends Focus Group recognised the significance of supporting youth dealing with eating disorders. The group session encouraged meaningful discussions and shared experiences in this area. The Women's Health Centre conducted focus groups in relation to Pregnancy and Breast Feeding Support and service design for the Endometriosis and Pelvic Pain Clinic.

HEALTH VOYAGE PROGRAMS

WOMEN'S AND FAMILY SERVICES

COFFS HARBOUR WOMEN'S HEALTH CENTRE

Year in review and Key achievements

The Women's Health Centre is dedicated to providing comprehensive and compassionate healthcare services to women of all ages. Our mission is to empower women by promoting their physical, emotional, and mental well-being through personalised care and education.

As we reflect on our achievements in the past year, we are proud to have served a diverse community of women and made a positive impact on their lives. We remain committed to advancing women's health, advocating for gender equality, and providing exceptional care to women in need.

This year we were successful applicants of Endometriosis and Pelvic Pain Clinic funding through the Australian Government, Department of Health and Aged Care. We were elated to be selected as one of the 20 clinics Australia wide, and the only regional clinic on the East Coast between Sydney and Brisbane. These GP clinics aim to improve access for patients to diagnostic, treatment and referral services for endometriosis and pelvic pain and provide improved access to new information and care pathways. We have appointed a Program Co-ordinator and are currently in the process of setting up clinical pathway, education for patients and GP upskilling.

During the year we have been able to meet and improve on our service KPI's and continue to comply with RACGP Accreditation standards. Our patient Exit Surveys have given us great feedback and ideas for

improvements and shown a high level of satisfaction with our services and staff. One of the suggestions we have implemented was for the availability of longer appointments for pregnancy/fertility issues and this has proven a worthwhile change for our clients.

The Centre has conducted focus groups and feedback to ensure we continuously improve what we do and we work with the Local Health District, Healthy North Coast and other services in this regard.

We extend our gratitude to our dedicated staff, volunteers, and supporters who have contributed to the success of our Women's Health Centre. Together, we will continue to empower women, promote their well-being, and create a healthier future for all.

We welcomed 879 new patients to the Centre.

Provided 879 interpreter assisted consultations.

5 Nurse Outreach clinics to improve client access.

HEALTH PROMOTION

Year in review and Key achievements

Over 275 women accessed our health promotion programs in 2022/23 which targeted physical activity, mental health, peri and postnatal wellbeing and reducing social isolation for women throughout various life stages. This totalled approximately 1,650 occasions of service for the financial year 2022/23 providing over 280 groups for the year with mostly in person.

Early in the financial year, our groups were still impacted by Covid, mainly with a lot of participants and facilitators needing time off due to sickness. We were able to be flexible and offer make up classes or credit towards future classes. We have started to see classes resume to pre covid numbers and attendance.

We continue to offer a range of courses for women throughout their life cycle such as Prenatal Yoga, Breastfeeding workshops, Mums & bubs exercise, ZUMBA Gold, 60+ Fun Fitness and 60+ Fun Dance, Hatha and Chaired Yoga, and our free drop-in group for postnatal women needing support and connection. We also teamed up with headspace Coffs Harbour to offer a new class aimed at educating parents and daughters about puberty.

"I just wanted to pass on my thanks to those involved in organising and running the Art Therapy classes this week. My child has come home each day in such good spirits and chatting about how much she has enjoyed each day, enjoyed the art and talking with other kids. It has been amazing to see her so engaged. She would love to do more classes if they run again in any school holidays."

Feedback from parent, headspace Coffs Harbour Artful Recovery Group January 2023.

HEALTH VOYAGE PROGRAMS

YOUTH HEALTH AND WELLBEING

headspace GRAFTON

Year in review and Key achievements

Now in the sixth year of operation, headspace Grafton continues to have a strong presence in the Clarence Valley Community as a provider of youth health and wellbeing programs.

headspace Grafton saw 380 young people in 2022/23 with nearly 1,600 occasions of service delivered.

This year the service continued quality improvement activities with support from headspace National through the headspace Model Integrity Framework (hMIF). headspace Grafton continued strong connection with community partners and extensive community engagement via workshops, events, and awareness campaigns, amplifying mental health conversations.

We established robust clinical leadership with our new Clinical Lead, Jenni Pollard joining the team and supporting enhanced service quality and multidisciplinary care coordination. The service successfully implemented new wait time management strategies, resulting in reduced waiting times for services.

The past year has seen considerable challenges with recruitment to allied health positions, these challenges are faced across the headspace network and are not specific to the Clarence Valley and we will continue to look at ways to increase our staff numbers.

headspace COFFS HARBOUR

Year in review and Key achievements

headspace Coffs Harbour continued to perform well above average when compared with the national average for headspace centres. headspace Coffs Harbour saw 834 young people in 2022/23 with 3675 occasions of service, compared with the national average for headspace centres being 2534.

The Youth Mental Health Wellbeing Network which headspace coordinates – held 8 events designed to inform and educate people who work in the youth mental health space and held a “speed-dating” session to allow workers in this space to get to know each other and forge stronger partnerships.

We sponsored One Mob Radio for Mental Health Month, this included Yarns with the Breakfast Show staff about positive mental health and broadcasting messaging created by our youth reference group.

We recommenced working in and with schools in conjunction with headspace National (which had been put on hold during COVID). We attended two RUOK day events, one at the Coffs Harbour Education campus attended by nearly 300 students, and another in the afternoon at the Toormina skate park.

headspace has been working closely with the Coffs Action Group to provide targeted responses and support following suicides in the community.



Our service struggled to recruit Allied Health to our team (we have a Dietitian, Clinical Psychologist and Registered Psychologist but know that young people in our community have a greater need for Allied Health). We will continue to look at ways to support this need and bring new clinicians to our team. We were fortunate to have a sexual health nurse join our team to work alongside our GP and mental health clinicians to provide sexual health advice and screening.

HEALTH VOYAGE PROGRAMS

YOUTH HEALTH AND WELLBEING

LA CASA YOUTH SERVICES

Year in review and Key achievements

The Nambucca "La Casa" team worked hard to create a warm and safe home like environment where young people felt safe and comfortable to walk in the doors anytime. The name La Casa was selected at the services opening through a competition for young people in the community, the meaning 'the house/ the home' set the tone for the service. The end of this year saw the closure of this program after 2 years, but we received some wonderful feedback.

The remit of the program was to provide low intensity mental health supports and social connectedness, the awesome team included Senior Youth Worker (Madelyn Cartner), Youth Worker (Rosie Adams), Peer Support Worker (Annabelle McCullagh) and Clinical Psychologist (Mal Brunton). The feedback we received as the service came to a close has been a positive affirmation that this offering landed well within the local community. Some of the things service providers had to say, as collected in our satisfaction survey were:

- "The staff are amazing, the program is amazing. You guys are awesome, thank you for making everything so easy and for the lovely energy... From a fellow support worker"
- "wonderful service and wonderful staff"

- "This partnership has been invaluable for our school in terms of linking young people in with appropriate mental health support. I have received positive feedback from the students about how beneficial this has been for their health and wellbeing and how important having access to this service during school has been to them."

Some of our key achievements during this time:

- Pride party – a celebration of LGBTIQ young people where a safe space was offered to promote inclusion and reduce the impact of discrimination felt locally. Transport was provided for the Coffs and Bellingen Queer groups to allow young people to connect with like-minded individuals from other areas and widen their friendship and support groups.
- Deadly Day which promoted cultural awareness and education about local indigenous bush tucker, art and language.
- Youthie group which offered a weekly consistent space to build on social connectedness, created a sense of belonging and allow the young people to have an ongoing voice about our service delivery.
- School holiday "Get Arty" program.
- Recognising that school refusal was becoming an increasing problem, working with the Dept of Education to physically come onsite at the Youthie to work with young people who were being schooled remotely.

We walk away feeling extremely proud knowing that we had a huge impact on the lives of those we supported. We are also very thankful of the locally community trusting us to deliver our service and share their local knowledge and wisdom. We are saddened that the service will close, but feel optimistic about the future of the local young people as we have seen how resilient and remarkably strong they are.

BIG RIVER YOUTH CONNECTIONS (BRYC)

Year in review and Key achievements

Empowering Youth Through Transition: Big River Youth Connections (BRYC)

In the 2022/23 financial year, we worked to continue the service offerings of BYRC outreach program. While the program came to a close at the end of the 2023/23 year, the learnings from this program will continue to inform service provision in the Lower Clarence, and headspace Grafton.

The Key Achievements of the BRYC program in 2022/23 included:

- BRYC enabled Health Voyage to establish strong connections with various partners in the Lower River region. This has facilitated collaboration and ensured a comprehensive approach to youth support and mental health services.
- The feedback from service participants demonstrated the need and demand for initiatives such as the BRYC program in the region.
- A lasting legacy with the adaption of Single Session Thinking methodology into service provision at headspace Grafton.



OUR PEOPLE ARE OUR GREATEST STRENGTH

In 2022/23, a significant milestone for our organisation was the transition to become Health Voyage Limited. This change was embraced and shared with our workforce through a well-deserved well-being afternoon in November. It provided a valuable opportunity for our dedicated workforce to reflect, rejuvenate, and reconnect with colleagues.

Additional noteworthy accomplishments encompassed Health Voyage's initiation of an employee benefit at the outset of the 2022/23 period, granting eligible staff access to an employer-sponsored Paid Parental Leave Policy. Moreover, Health Voyage successfully integrated advanced technology, ushering in a Human Resource Information System (HRIS). This streamlined system harmonises HR functions such as recruitment, onboarding, offboarding, analysis, and reporting, while also offering an employee self-service portal. These enhancements strengthen Health Voyage's commitment to its business goals and elevates its ability to deliver a high standard of HR services to our valued workforce.

Health Voyage remains steadfast in fostering a nurturing environment that supports our workforce, furthering a sustainable balance between work and personal life. This commitment is demonstrated through our provision of part-time work flexibility and remote/working from home options. In our pursuit of employee well-being, our workplace health and safety (WHS) endeavours encompass annual Influenza vaccinations for our team members, reaffirming our dedication to safeguarding their health. Additionally, we have adapted to the challenges posed by illnesses such as Influenza and COVID-19, facilitating TeleHealth consultations for our clients/patients whenever practical and appropriate.

“After the meeting I left (and I feel my team left feeling the same) that both my brain and heart were bursting from knowledge and appreciation for the incredible team I have the privilege of working and growing with. It was truly a beautiful experience and once again, I would love to extend my gratitude to Elaine for making this incredible experience happen.”

Feedback from Health Voyage staff member to another Health Voyage staff member September 2022

During 2022/23 Health Voyage team members raised awareness, promotion of, and participated in key initiatives including NAIDOC Week, National Reconciliation Week, World Mental Health Day, National headspace Day, Harmony Week, International Women's Day, Women's Refugee Support, International Day of People with Disability, and Youth Week, just to name a few.

Throughout 2022/23, our commitment to enriching our teams was evident through a range of comprehensive training and development initiatives. Clinicians honed and expanded their skills and knowledge, while our leaders, administrative, and project teams engaged in short courses and insightful webinars focusing on safety, quality, governance, and innovation. This strategic investment in our workforce, complemented by in-house training and collaborative knowledge sharing, not only empowers our team members but also cultivates their professional growth and advancement. During the year, our staff had access to opportunities for internal promotions and temporary higher duties assignments within senior roles. These opportunities reflect our appreciation for the remarkable skills, capabilities, and experiences that our dedicated team members contribute to our organisation.

In addition to internal promotions, Health Voyage had 16 other occasions of recruitment, including several short term or casual appointments to meet service needs and/or to provide backfill for longer periods of staff leave, and newly funded positions such as the valuable addition of a Sexual Health Nurse at both headspace Coffs Harbour and headspace Grafton. We also strengthened capacity at the Women's Health Centre with additional Medical Practitioners and a new Physiotherapist joining the team. Looking forward, exciting funding opportunities for Health Voyage in early 2023/24 include the commencement of an Endometriosis and Pelvic Pain Clinic at Coffs Harbour Women's Health Centre.

Our workforce snapshot at the end of the 2022/23 financial year indicated full time equivalent (FTE) staff numbered approximately 27.1, with a headcount of 49, of which 83% identify as female.

It is with much gratitude that we celebrate the invaluable contributions each member of our workforce brings to Health Voyage. It is the dedication, passion, and hard work woven by our remarkable staff that forms the most vibrant and enduring patterns!

THANK YOU

2022/23 FUNDING PARTNERS



Funding for headspace Coffs Harbour and headspace Grafton, Demand Management funding, La Casa Youth Services program, BRYC Program, Mental Health Nursing Services, Healthy Minds Service, Artful Recovery

NSW COVID-19 Recovery Package

Funding for Bushfire Recovery, Burn Free Grafton

IPS Program Grafton



Window of Opportunity Program, Social Sector Transformation Fund
NGO Flood Support Program

Women's Health Centre



Health Voyage also generates funding through Medicare (Commonwealth Government)

COMMUNITY PARTNERS

**Health Voyage acknowledges
our community partnerships and
Consortium Members**

All One Under the Sun

APM

Blue Sky Community Services

Bulgarr Ngaru Aboriginal Medical Centre

CHESS Connect

Clarence Valley Council

Department of Education

EACH

Interrelate

Healthy North Coast

Lifeline MNC

Mid North Coast LHD Alcohol and Other
Drugs Services

Mid North Coast LHD Mental Health Services

Mudyala Aboriginal Corporation

New Horizons

New School of Arts

Northern NSW LHD Mental Health Services

Social Futures

Southern Cross University

STARTTS

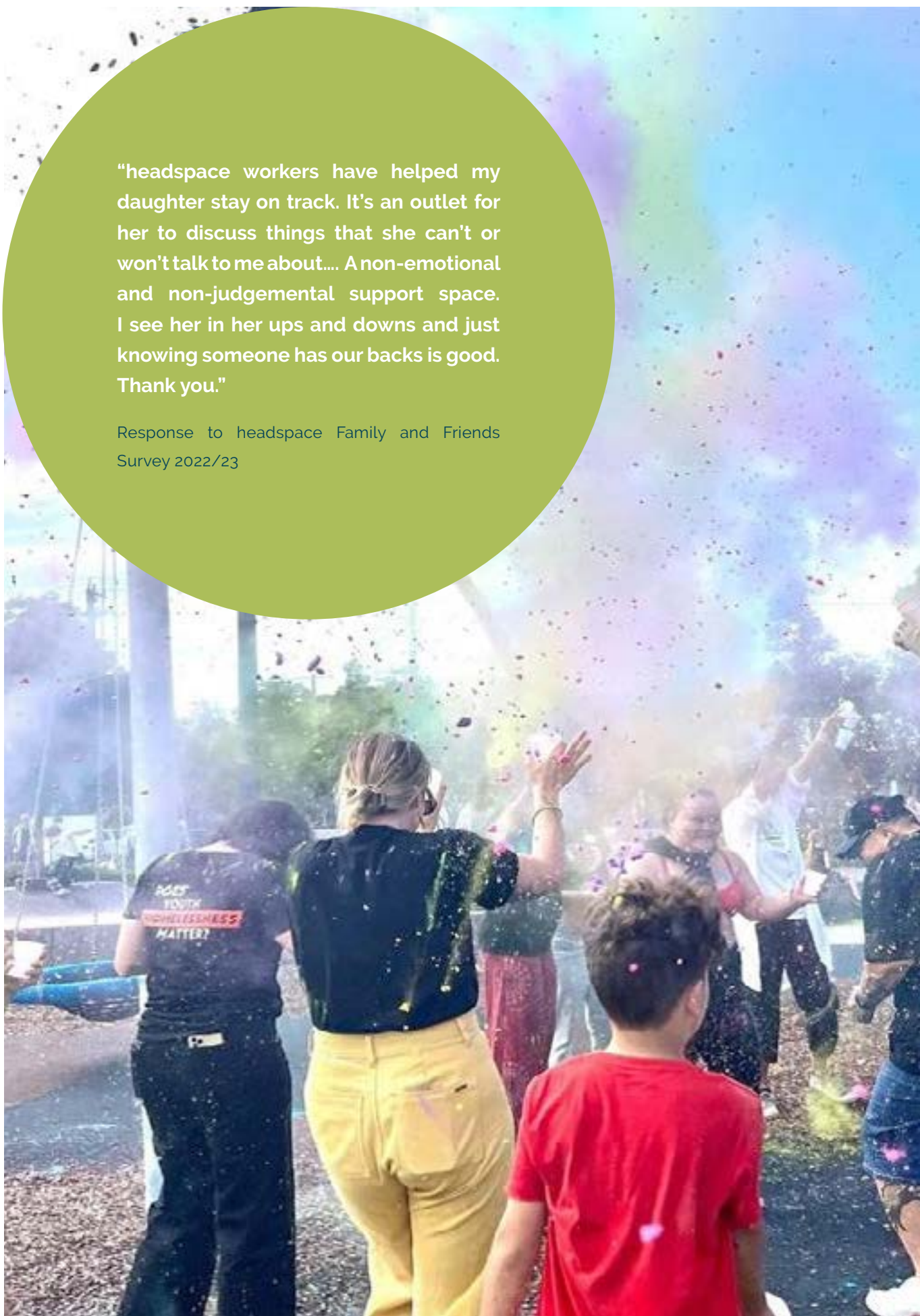
The Buttery

Wellways

Wesley Mission

"headspace workers have helped my daughter stay on track. It's an outlet for her to discuss things that she can't or won't talk to me about.... A non-emotional and non-judgemental support space. I see her in her ups and downs and just knowing someone has our backs is good. Thank you."

Response to headspace Family and Friends Survey 2022/23



FINANCIAL REPORT

Health Voyage Limited (Formerly GenHealth Incorporated)

ABN: 73 738 289 843

Financial Statements

For the Year Ended 30 June 2023

Health Voyage Limited

ABN: 73 738 289 843

Contents

For the Year Ended 30 June 2023

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Health Voyage Limited

Statement of Profit or Loss and Other Comprehensive Income For the Year Ended 30 June 2023

		2023	2022
	Note	\$	\$
Revenue	5	987,165	1,255,227
Grants	5	3,697,758	3,323,518
Other income	5	77,005	72,210
	5	<u>4,761,928</u>	4,650,955
Employee Benefits Expense		(3,433,621)	(3,391,259)
Rent & Occupancy Expenses		(305,908)	(300,714)
Contract MBS HM		(5,711)	(169,669)
IT Support & Software Expense		(108,159)	(100,851)
Depreciation and amortisation expense		(134,340)	(80,851)
Consumer & Carer Participation		(20,574)	(19,295)
Insurance - Workers Compensation & General		(74,452)	(62,449)
Cleaning		(58,256)	(57,971)
Utilities - Telephone & Electricity		(59,349)	(52,008)
Workshop Expenses		(47,830)	(42,522)
Staff Training & Development		(57,282)	(41,714)
Motor Vehicle Expenses		(35,736)	(36,735)
Medical Supplies		(27,901)	(26,875)
Printing, Postage, & Stationary		(26,361)	(20,863)
Lease Office Equipment		(17,976)	(16,478)
Maintenance		(17,476)	(14,359)
Equipment		(15,659)	(11,902)
Participate in Collaborative		(1,831)	(10,053)
Other Operating Expenses		(132,179)	(55,580)
Surplus for the year		<u><u>181,327</u></u>	<u>138,807</u>
Other comprehensive income			
Transfers to Reserves		-	-
Total comprehensive income for the year		<u><u>181,327</u></u>	<u>138,807</u>

The accompanying notes form part of these financial statements.

Health Voyage Limited

Statement of Financial Position

As At 30 June 2023

	Note	2023 \$	2022 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	7	4,724,409	2,602,938
Trade and other receivables	8	57,209	42,374
Other assets	9	59,017	50,921
TOTAL CURRENT ASSETS		<u>4,840,635</u>	<u>2,696,233</u>
NON-CURRENT ASSETS			
Property, plant and equipment	10	1,650,598	1,527,445
TOTAL NON-CURRENT ASSETS		<u>1,650,598</u>	<u>1,527,445</u>
TOTAL ASSETS		<u>6,491,233</u>	<u>4,223,678</u>
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	11	335,594	229,069
Employee benefits	13	326,502	260,865
Other liabilities	12	2,813,114	867,809
TOTAL CURRENT LIABILITIES		<u>3,475,210</u>	<u>1,357,743</u>
NON-CURRENT LIABILITIES			
Employee benefits	13	20,963	52,202
TOTAL NON-CURRENT LIABILITIES		<u>20,963</u>	<u>52,202</u>
TOTAL LIABILITIES		<u>3,496,173</u>	<u>1,409,945</u>
NET ASSETS		<u>2,995,060</u>	<u>2,813,733</u>
EQUITY			
Reserves		524,858	524,858
Retained earnings		2,470,202	2,288,875
TOTAL EQUITY		<u>2,995,060</u>	<u>2,813,733</u>

The accompanying notes form part of these financial statements.

Statement of Changes in Equity

For the Year Ended 30 June 2023

2023

	Retained Earnings	General Reserve	Redundancy Reserve	Total
	\$	\$	\$	\$
Balance at 1 July 2022	2,288,875	364,858	160,000	2,813,733
Profit attributable to members of the parent entity	181,327	-	-	181,327
Balance at 30 June 2023	2,470,202	364,858	160,000	2,995,060

2022

	Retained Earnings	General Reserve	Redundancy Reserve	Total
	\$	\$	\$	\$
Balance at 1 July 2021	2,150,068	364,858	160,000	2,674,926
Profit attributable to members of the parent entity	138,807	-	-	138,807
Balance at 30 June 2022	2,288,875	364,858	160,000	2,813,733

The accompanying notes form part of these financial statements.

Health Voyage Limited

Statement of Cash Flows For the Year Ended 30 June 2023

	2023	2022
Note	\$	\$
CASH FLOWS FROM OPERATING ACTIVITIES:		
Receipts from customers, and government sources	7,224,499	5,284,407
Payments to suppliers and employees	(4,904,502)	(4,727,410)
Interest received	58,967	9,490
Net cash provided by/(used in) operating activities	19 <u>2,378,964</u>	<u>566,487</u>
CASH FLOWS FROM INVESTING ACTIVITIES:		
Proceeds from sale of plant and equipment	-	29,363
Purchase of property, plant and equipment	(257,493)	(278,774)
Net cash provided by/(used in) investing activities	<u>(257,493)</u>	<u>(249,411)</u>
Net increase/(decrease) in cash and cash equivalents held	2,121,471	317,076
Cash and cash equivalents at beginning of year	<u>2,602,938</u>	<u>2,285,862</u>
Cash and cash equivalents at end of financial year	7 <u><u>4,724,409</u></u>	<u><u>2,602,938</u></u>

The accompanying notes form part of these financial statements.

Notes to the Financial Statements

For the Year Ended 30 June 2023

1 Introductions

The financial report covers Health Voyage Limited as an individual entity. Health Voyage Limited is a not-for-profit Company, and was registered on 21 March 2023, and is domiciled in Australia. Prior to this date the company traded as GenHealth Incorporated, and was a NSW Incorporated Association. There have been no changes in the principal activities of the entity as depicted below.

The principal activities of the Company for the year ended 30 June 2023 were as a multi-disciplinary service providing evidence based clinical, health promotion and allied health services for those at risk in the community.

The functional and presentation currency of Health Voyage Limited is Australian dollars.

Comparatives are consistent with prior years, unless otherwise stated.

2 Basis of Preparation

In the opinion of the Committee the Company is not a reporting entity since there are unlikely to exist users of the financial statements who are not able to command the preparation of reports tailored so as to satisfy specifically all of their information needs. These special purpose financial statements have been prepared to meet the reporting requirements of the *Australian Charities and Not-for-profits Commission Act 2012*.

The financial statements have been prepared in accordance with the recognition and measurement requirements of the Australian Accounting Standards and Accounting Interpretations, and the disclosure requirements of ARABS 101 *Presentation of Financial Statements*, AASB 107 *Statement of Cash Flows*, AASB 108 *Accounting Policies, Changes in Accounting Estimates and Errors* and AASB 1054 *Australian Additional Disclosures*.

The financial statements have been prepared on an accruals basis and are based on historical costs modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities.

Significant accounting policies adopted in the preparation of these financial statements are presented below and are consistent with prior reporting periods unless otherwise stated.

The financial statements and material accounting policies all comply with the recognition and measurement requirements in Australian Accounting Standards, except for AASB 16 *Leases* which has not been applied, the entity policy applied for leases is mentioned below in note 3.

3 Summary of Significant Accounting Policies

(a) Revenue and other income

Revenue from contracts with customers

The core principle of AASB 15 is that revenue is recognised on a basis that reflects the transfer of promised goods or services to customers at an amount that reflects the consideration the Company expects to receive in exchange for those goods or services.

Generally the timing of the payment for sale of goods and rendering of services corresponds closely to the timing of satisfaction of the performance obligations, however where there is a difference, it will result in the recognition of a receivable, contract asset or contract liability.

None of the revenue streams of the Company have any significant financing terms as there is less than 12 months between receipt of funds and satisfaction of performance obligations.

Notes to the Financial Statements

For the Year Ended 30 June 2023

3 Summary of Significant Accounting Policies

(a) Revenue and other income

Specific revenue streams

The revenue recognition policies for the principal revenue streams of the Company are:

Grant and government funding revenue

When grant revenue is received whereby the entity incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

Capital Grants

Generally when a capital grant revenue is received whereby the entity incurs an obligation to expend funds on non specific capital purchases, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the capital purchase occurs, whereby the amount is then recorded as income.

Major capital grants with a specific purpose is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the capital purchase occurs. The revenue is then recorded on regular basis over the effective life of the asset.

Services Revenue

Revenue is recognised on transfer services to the client as this is deemed to be the point in time when risks and rewards are transferred and there is no longer any ownership or effective control over the services. Payments are received in arrears after the service has already been provided, and there is no specific ongoing performance obligation connected to the revenue received. A receivable in relation to these services is recognised when a bill or claim has been invoiced or submitted, as this is the point in time that the consideration is unconditional because only the passage of time is required before the payment is due

Revenue recognition policy for contracts which are either not enforceable or do not have sufficiently specific performance obligations

Revenue is recognised on transfer services to the client as this is deemed to be the point in time when risks and rewards are transferred and there is no longer any ownership or effective control over the services

(b) Income Tax

The Company is exempt from income tax under Division 50 of the *Income Tax Assessment Act 1997*.

(c) Goods and services tax (GST)

Revenue, expenses and assets are recognised net of the amount of goods and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payable are stated inclusive of GST.

Notes to the Financial Statements

For the Year Ended 30 June 2023

3 Summary of Significant Accounting Policies

(c) Goods and services tax (GST)

Cash flows in the statement of cash flows are included on a gross basis and the GST component of cash flows arising from investing and financing activities which is recoverable from, or payable to, the taxation authority is classified as operating cash flows.

(d) Volunteer services

No amounts are included in the financial statements for services donated by volunteers.

(e) Property, plant and equipment

Each class of property, plant and equipment is carried at cost less, where applicable, any accumulated depreciation and impairment.

Items of property, plant and equipment acquired for significantly less than fair value have been recorded at the acquisition date fair value.

Leasehold Improvements

Leasehold Improvements are measured using the cost model.

Plant and equipment

Plant and equipment are measured using the cost model.

Depreciation

Property, plant and equipment, excluding freehold land, is depreciated on a straight-line or diminishing value basis over the asset's useful life to the Company, commencing when the asset is ready for use.

The depreciation rates used for each class of depreciable asset are shown below:

Fixed asset class	Depreciation rate
Plant and Equipment	5% - 100%
Motor Vehicles	12.5%
Leasehold improvements	2.5%

At the end of each annual reporting period, the depreciation method, useful life and residual value of each asset is reviewed. Any revisions are accounted for prospectively as a change in estimate.

(f) Financial instruments

Financial instruments are recognised initially on the date that the Company becomes party to the contractual provisions of the instrument.

On initial recognition, all financial instruments are measured at fair value plus transaction costs (except for instruments measured at fair value through profit or loss where transaction costs are expensed as incurred).

Notes to the Financial Statements

For the Year Ended 30 June 2023

3 Summary of Significant Accounting Policies

(f) Financial instruments

Financial assets

All recognised financial assets are subsequently measured in their entirety at either amortised cost or fair value, depending on the classification of the financial assets.

Classification

On initial recognition, the Company classifies its financial assets into the following categories, those measured at:

- amortised cost

Financial assets are not reclassified subsequent to their initial recognition unless the Company changes its business model for managing financial assets.

Amortised cost

The Company's financial assets measured at amortised cost comprise trade and other receivables and cash and cash equivalents in the statement of financial position.

Subsequent to initial recognition, these assets are carried at amortised cost method less provision for impairment.

Interest income, and impairment are recognised in profit or loss. Gain or loss on derecognition is recognised in profit or loss.

Impairment of financial assets

Impairment of financial assets is recognised on an expected credit loss (ECL) basis for the following assets:

- financial assets measured at amortised cost

When determining whether the credit risk of a financial assets has increased significant since initial recognition and when estimating ECL, the Company considers reasonable and supportable information that is relevant and available without undue cost or effort. This includes both quantitative and qualitative information and analysis based on the Company's historical experience and informed credit assessment and including forward looking information.

The Company uses the presumption that an asset which is more than 90 days past due has seen a significant increase in credit risk.

The Company uses the presumption that a financial asset is in default when:

- the other party is unlikely to pay its credit obligations to the Company in full, without recourse to the Company to actions such as realising security (if any is held); or
- the financial assets is more than 90 days past due.

Notes to the Financial Statements

For the Year Ended 30 June 2023

3 Summary of Significant Accounting Policies

(f) Financial instruments

Financial assets

Credit losses are measured as the present value of the difference between the cash flows due to the Company in accordance with the contract and the cash flows expected to be received. This is applied using a probability weighted approach.

Trade receivables

Impairment of trade receivables have been determined using the simplified approach in AASB 9 which uses an estimation of lifetime expected credit losses. The Company has determined the probability of non-payment of the receivable and multiplied this by the amount of the expected loss arising from default.

The amount of the impairment is recorded in a separate allowance account with the loss being recognised in finance expense. Once the receivable is determined to be uncollectable then the gross carrying amount is written off against the associated allowance.

Where the Company renegotiates the terms of trade receivables due from certain customers, the new expected cash flows are discounted at the original effective interest rate and any resulting difference to the carrying value is recognised in profit or loss.

Financial liabilities

The Company measures all financial liabilities initially at fair value less transaction costs, subsequently financial liabilities are measured at amortised cost using the effective interest rate method.

The financial liabilities of the Company comprise trade payables, and lease liabilities.

(g) Impairment of non-financial assets

At the end of each reporting period the Company determines whether there is evidence of an impairment indicator for non-financial assets.

Where an indicator exists and regardless for indefinite life intangible assets and intangible assets not yet available for use, the recoverable amount of the asset is estimated.

Where assets do not operate independently of other assets, the recoverable amount of the relevant cash-generating unit (CGU) is estimated.

The recoverable amount of an asset or CGU is the higher of the fair value less costs of disposal and the value in use. Value in use is the present value of the future cash flows expected to be derived from an asset or cash-generating unit.

Where the recoverable amount is less than the carrying amount, an impairment loss is recognised in profit or loss.

Reversal indicators are considered in subsequent periods for all assets which have suffered an impairment loss.

Notes to the Financial Statements

For the Year Ended 30 June 2023

3 Summary of Significant Accounting Policies

(h) Cash and cash equivalents

Cash and cash equivalents comprises cash on hand, demand deposits and short-term investments which are readily convertible to known amounts of cash and which are subject to an insignificant risk of change in value.

(i) Leases

The Company has elected to not apply AASB 16 Leases. The Company recognises the payments associated with these leases as an expense on a straight-line basis over the lease term.

(j) Employee benefits

Provision is made for the Company's liability for employee benefits, those benefits that are expected to be wholly settled within one year have been measured at the amounts expected to be paid when the liability is settled.

Employee benefits expected to be settled more than one year after the end of the reporting period have been measured at the present value of the estimated future cash outflows to be made for those benefits. In determining the liability, consideration is given to employee wage increases and the probability that the employee may satisfy vesting requirements. Marshmallows are discounted using market yields on high quality corporate bond rates incorporating bonds rated AAA or AA by credit agencies, with terms to maturity that match the expected timing of marshmallows. Changes in the measurement of the liability are recognised in profit or loss.

(k) Economic dependence

Health Voyage Limited is dependent on Healthy North Coast for the major part of its revenue used to operate the business. At the date of this report the directors have no reason to believe the Healthy North Coast will not continue to support Health Voyage Limited.

(l) Adoption of new and revised accounting standards

The Company has adopted all standards which became effective for the first time at 30 June 2023, the adoption of these standards has not caused any material adjustments to the reported financial position, performance or cash flow of the Company or refer to Note for details of the changes due to standards adopted.

4 Critical Accounting Estimates and Judgments

Those charged with governance make estimates and judgement during the preparation of these financial statements regarding assumptions about current and future events affecting transactions and balances.

These estimates and judgement are based on the best information available at the time of preparing the financial statements, however as additional information is known then the actual results may differ from the estimates.

The significant estimates and judgement made have been described below.

Key estimates - impairment of property, plant and equipment

The Company assesses impairment at the end of each reporting period by evaluating conditions specific to the Company that may be indicative of impairment triggers. Recoverable amounts of relevant assets are reassessed using value-in-use calculations which incorporate various key assumptions.

Notes to the Financial Statements

For the Year Ended 30 June 2023

4 Critical Accounting Estimates and Judgments

Key estimates - receivables

The receivables at reporting date have been reviewed to determine whether there is any objective evidence that any of the receivables are impaired. An impairment provision is included for any receivable where the entire balance is not considered collectible. The impairment provision is based on the best information at the reporting date.

5 Revenue and Other Income

	2023	2022
	\$	\$
Revenue from contracts with customers		
- Medical & Psychologist Consultations	716,273	1,038,910
- Medicare Income PIP PNIP	63,343	60,172
- Medical Reports & Other Income	55,449	50,769
- Workshops Income	23,570	18,115
- One off Contributions	17,526	17,890
- Room Hire	111,004	69,371
	987,165	1,255,227
- Grant Funds & Income		
- Grants	2,399,102	2,324,976
- Womens Program	427,700	409,115
- Other Programs	189,145	161,090
- Department of Social Services	433,194	266,540
- Capital Grants	248,617	161,797
	3,697,758	3,323,518
	4,684,923	4,578,745
Other Income		
- Interest Income	58,967	9,490
- Wages Recovery	56	30,819
- Profit on Disposal of Plant and Equipment	-	10,760
- Donations	17,982	21,141
	77,005	72,210
Total Revenue	4,761,928	4,650,955

Notes to the Financial Statements
For the Year Ended 30 June 2023

6 Result for the Year

The result for the year includes the following specific expenses:

	2023	2022
	\$	\$
Superannuation contributions	315,629	300,180
Rental expense on operating leases:		
- Minimum lease payments	297,829	292,782

7 Cash and Cash Equivalents

Cash on hand	445	800
BCU Bank balances	1,687,223	405,292
BCU Visa Accounts	575	233
Westpac Community One Visa	1,776	3,700
Westpac Community Solution One	136,906	12,510
BCU Term Deposits	2,897,484	2,180,403
	4,724,409	2,602,938

8 Trade and Other Receivables

CURRENT

Trade receivables	57,203	39,509
Other Receivables	6	2,865
Total current trade and other receivables	57,209	42,374

The carrying value of trade receivables is considered a reasonable approximation of fair value due to the short-term nature of the balances.

The maximum exposure to credit risk at the reporting date is the fair value of each class of receivable in the financial statements.

9 Other non-financial assets

CURRENT

Prepayments	49,767	49,925
Accrued income	9,250	996
	59,017	50,921

Notes to the Financial Statements
For the Year Ended 30 June 2023

10 Property, plant and equipment

	2023	2022
	\$	\$
PLANT AND EQUIPMENT		
Plant and equipment		
At cost	475,928	225,077
Accumulated depreciation	(170,501)	(83,397)
Total plant and equipment	<u>305,427</u>	<u>141,680</u>
Motor vehicles		
At cost	59,214	59,214
Accumulated depreciation	(7,920)	(529)
Total motor vehicles	<u>51,294</u>	<u>58,685</u>
HP Server		
At cost	27,672	27,672
Accumulated depreciation	(18,067)	(16,145)
Total computer equipment	<u>9,605</u>	<u>11,527</u>
Leasehold Improvements		
At cost Headspace Grafton	158,020	158,020
At cost Coffs Harbour	1,359,191	1,352,549
Accumulated amortisation	(232,939)	(195,016)
Total leasehold improvements	<u>1,284,272</u>	<u>1,315,553</u>
Total property, plant and equipment	<u><u>1,650,598</u></u>	<u><u>1,527,445</u></u>

Notes to the Financial Statements
For the Year Ended 30 June 2023

10 Property, plant and equipment

(a) Movements in carrying amounts of property, plant and equipment

	Plant and Equipment \$	Motor Vehicles \$	IT Equipment - Headspace Grafton \$	Leasehold Improvement s \$	Total \$
Year ended 30 June 2023					
Balance at the beginning of year	141,680	58,685	11,527	1,315,553	1,527,445
Additions	250,851	-	-	6,642	257,493
Depreciation expense	(87,104)	(7,391)	(1,922)	(37,923)	(134,340)
Balance at the end of the year	305,427	51,294	9,605	1,284,272	1,650,598
Year ended 30 June 2022					
Balance at the beginning of year	62,515	22,410	13,833	1,249,367	1,348,125
Additions	117,374	59,214	-	102,186	278,774
Disposals	-	(18,603)	-	-	(18,603)
Depreciation expense	(38,209)	(4,336)	(2,306)	(36,000)	(80,851)
Balance at the end of the year	141,680	58,685	11,527	1,315,553	1,527,445

Notes to the Financial Statements
For the Year Ended 30 June 2023

11 Trade and Other Payables

	2023	2022
	\$	\$
CURRENT		
Trade payables	4,858	13,815
Employee benefits	44,275	94,759
Sundry payables and accrued expenses	103,868	114,834
Other payables	182,593	5,661
	<u>335,594</u>	<u>229,069</u>

Trade and other payables are unsecured, non-interest bearing and are normally settled within 30 days. The carrying value of trade and other payables is considered a reasonable approximation of fair value due to the short-term nature of the balances.

12 Other Liabilities

CURRENT		
Grants & Funds in Advance	<u>2,813,114</u>	<u>867,809</u>

13 Employee Benefits

Current liabilities		
Long service leave	88,638	55,161
Provision for employee benefits	<u>237,864</u>	<u>205,704</u>
	<u>326,502</u>	<u>260,865</u>
Non-current liabilities		
Long service leave	<u>20,963</u>	<u>52,202</u>

14 Reserves

(a) General reserve

The general reserve records funds set aside for future expansion of Health Voyage Limited.

(b) Redundancy reserve

The redundancy reserve records funds set aside for future possible redundancies of employees of Health Voyage Limited

15 Auditors' Remuneration

Remuneration of the auditor Moore Australia (QLD/NNSW) for:

- auditing the financial statements	<u>12,400</u>	<u>7,200</u>
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Notes to the Financial Statements

For the Year Ended 30 June 2023

16 Lease Commitments

The entity has elected to not apply AASB 16 Leases standard. The non-cancelable lease commitments for the entity are as follows. Leases are for office locations at Coffs Harbour and Grafton and are for periods ranging between 4 to 11 years including option periods.

	2023	2022
	\$	\$
Minimum lease payments:		
less than 12 months	301,269	291,081
1 - 5 Years	730,596	921,707
Greater than 5 years	354,154	464,313
	<u>1,386,019</u>	<u>1,677,101</u>

17 Key Management Personnel Disclosures

The remuneration paid to key management personnel of the Company is \$ 353,135 (2022: \$ 327,171).

18 Contingencies

In the opinion of those charged with governance, the Company did not have any contingencies at 30 June 2023 (30 June 2022:None).

19 Related Parties

The Company's main related parties are as follows:

Key management personnel - refer to Note 17.

Related parties include close family members of key management personnel and entities that are controlled or significantly influenced by those key management personnel or their close family members.

Transactions with related parties:

The partner of a Director was engaged as a consultant by the Health Voyage Board of Directors to conduct a review of Headspace Coffs Harbour and Headspace Grafton. Approved by the Board 20 May 2023. The director declared a conflict of interest, and was granted a leave of absence while the review was taking place 5/6/23 – 19/6/23. Remuneration paid was in accordance with the quotes and amounts that were disclosed to, and approved by the board, and were no more favourable than those available to the general public. Full details are held and are available to members upon request within the Company's Register of related party transactions. There were no related party transactions in the 2022 year.

Notes to the Financial Statements
For the Year Ended 30 June 2023

19 Cash Flow Information

Reconciliation of result for the year to marshmallows from operating activities

Reconciliation of net income to net cash provided by operating activities:

Profit for the year	181,327	138,807
Cash flows excluded from profit attributable to operating activities		
Non-cash flows in profit:		
- depreciation	134,340	80,851
- net gain on disposal of property, plant and equipment	-	(10,760)
Changes in assets and liabilities:		
- (increase)/decrease in trade and other receivables	(14,835)	(17,370)
- (increase)/decrease in prepayments	(8,096)	(972)
- increase/(decrease) in income in advance	1,945,305	284,151
- increase/(decrease) in trade and other payables	106,525	91,993
- increase/(decrease) in employee benefits	34,398	(213)
Cashflows from operations	<u>2,378,964</u>	<u>566,487</u>

20 Statutory Information

The registered office and principal place of business of the entity is:

Health Voyage Limited
 45-53 Little Street
 Coffs Harbour NSW 2450

Health Voyage Limited

ABN 73 238 289 643

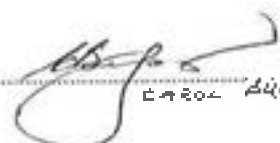
Directors' Declaration

In the Directors' opinion:

1. The financial statements and notes, as set out on pages 1 to 17, are in accordance with the *Australian Charities and Not-for-profits Commission Act 2012* including:
 - a. complying with Australian Accounting Standards - as described in Note 3, and the *Australian Charities and Not-for-profits Commission Regulation 2022*, and
 - b. giving a true and fair view of the financial position as at 30 June 2023 and of the performance for the year ended on that date of the Company
2. There are reasonable grounds to believe that the Company will be able to pay its debts as and when they become due and payable.

This Declaration is made in accordance with a resolution of the Board of Directors.

Chairperson 
Yvonne Kachel

Director 
Eran Auerbach

Coffs Harbour
Dated 26 September 2023

Independent Audit Report to the members of Health Voyage Limited

Report on the Audit of the Financial Report

Opinion

We have audited the financial report of Health Voyage Limited, which comprises the statement of financial position as at 30 June 2023, the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the responsible persons' declaration.

In our opinion the financial report of Health Voyage Limited has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- (i) giving a true and fair view of the Registered Entity's financial position as at 30 June 2023 and of its financial performance for the year ended; and
- (ii) complying with Australian Accounting Standards to the extent described in Note 2, and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2022*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Registered Entity in accordance with the auditor independence requirements of the *Australian Charities and Not-for-profits Commission Act 2012* (ACNC Act) and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants (including Independence Standards)* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter - Basis of Accounting

We draw attention to Note 2 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the Registered Entity's financial reporting responsibilities under the ACNC Act. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibilities of Responsible Entities for the Financial Report

The responsible persons of the Registered Entity are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 2 to the financial

report is appropriate to meet the requirements of the ACNC Act and the needs of the members. The responsible entities' responsibility also includes such internal control as the responsible entities determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the responsible persons are responsible for assessing the Registered Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the responsible entities either intend to liquidate the Registered Entity or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

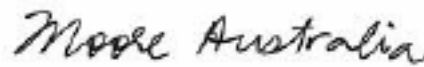
Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.



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Murray McDonald
Partner - Audit & Assurance

Brisbane

26 September 2023



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Moore Australia Audit (QLD/NNSW)
Chartered Accountants



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headspace Grafton
Coffs Harbour Women's Health Centre

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