

Health Voyage Ltd.

# ANNUAL REPORT 2023/24



Trading as;  
headspace Coffs Harbour  
headspace Grafton  
Coffs Harbour Women's Health Centre

# ACKNOWLEDGEMENT OF COUNTRY

Health Voyage acknowledges and pays respect to the past, present and future Traditional Custodians and Elders of the Bundjalung, Gumbaynggirr and Yaegl nations; the lands and seas on which we deliver services. Through this acknowledgement, we honour the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.



## TABLE OF CONTENTS

HEALTH VOYAGE YEAR IN REVIEW	04
ABOUT US	05
STRATEGIC PLAN 2022-2027	06
HEALTH VOYAGE ORGANISATIONAL CHART	08
CHAIR'S MESSAGE	10
CEO'S MESSAGE	12
HEALTH VOYAGE BOARD OF DIRECTORS	14
HEALTH VOYAGE GOVERNANCE	15
HEALTH VOYAGE PROGRAMS	16
OUR PEOPLE ARE OUR GREATEST STRENGTH	22
THANK YOU	24
FINANCIAL REPORT	27

# HEALTH VOYAGE YEAR IN REVIEW

## YEAR IN NUMBERS

Health Voyage provided over

# 26,500

occasions of service to women, young people, people in need of mental health support and their families and supports in our community.

### Coffs Harbour Women's Health Centre



### headspace Coffs Harbour



52%  
of these young people  
being new to the  
service

### headspace Grafton



55%  
of these young people  
being new to the  
service



## ABOUT US

Health Voyage is proud to have been serving our communities since 1986, that's almost four decades of health provision through the Coffs Harbour Women's Health Centre and more recently headspace Coffs Harbour, headspace Grafton and the Mental Health Nursing Service.

At the core of our organisation is the mission to provide quality, compassionate and accessible health and wellbeing services tailored for women, young people, people in need of mental health support and their families and supports.

Health Voyage's culture of collaboration, positivity, compassion, kindness, respect and diversity ensures a welcome space for everyone accessing our services.

Last year locals connected with a Health Voyage health practitioner or contracted provider more than 26,500 times.

As a community organisation, we seek to provide no or low-cost services to ensure that everyone has access to safe and affordable care and we continue to strive for better health outcomes for our community.

# STRATEGIC PLAN 2022-2027

## OUR VISION

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Healthier People. Stronger Communities.

## OUR MISSION

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To provide equal access to safe, quality health care services & improve the physical, mental & social wellbeing of vulnerable individuals within our community.

## OUR STORY

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Health Voyage began as The Coffs Harbour Women's Health Centre; a service developed by local women concerned about unmet health needs, & delivered for & by women since 1986. Over the years the organisation has evolved & grown as new challenges & opportunities have arisen. Health Voyage is now a multi-disciplinary organisation providing evidence based clinical, health promotion & allied health services for those at risk in the community.

## OUR SERVICES

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Health Voyage has a range of multi-disciplinary services providing care to women & girls & young people & their families throughout the Coffs Coast, Nambucca & Clarence Valley.

Our services are supported by a corporate team, ensuring quality, compliance, efficiency & effectiveness in all that we do.

## OUR VALUES

At Health Voyage we hold five core values which are at the heart of everything we do. These values are communicated to all stakeholders so that our corporate values can

be shared & to ensure that they align with the personal values of those people who seek our services, community members, partners, Directors & staff members.

**ETHICAL  
INTEGRITY  
RESPECT  
DIVERSITY  
COMPASSION**



## OBJECTIVES AND STRATEGIES

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### Objective

#### COMMUNITY ACCESS

**Outcome:** All community members have access to safe & affordable health care.

**Strategies:**

- **Safe**  
Our organisation & our services are culturally & physically safe
- **Accessible**  
Our services are planned, designed & operated to enhance access to care
- **Affordable**  
People who seek our services can do so without consideration of affordability as a barrier to seeking & obtaining health care

### Objective

#### FINANCIAL VIABILITY

**Outcome:** Financially viable organisation that is sustainable, self-managing & self-governing.

**Strategies:**

- **Ethical**  
Ethical decision-making occurs across our organisation to enhance financial stewardship & for the efficient use of resources aligned to values, vision & mission
- **Systems & processes**  
Governance & operational systems, business & accounting processes & organisational tools maximise efficiency, effectiveness & economic strength

### Objective

#### LOYAL STAFF & STAKEHOLDERS

**Outcome:** Loyal, qualified & competent professionals, Directors, & volunteers.

**Strategies:**

- **Quality**  
We attract & retain the highest quality staff & health care professionals
- **Investment**  
We invest in our staff, contractors, Directors & volunteers

### Objective

#### COLLABORATIVE HOLISTIC SERVICES

**Outcome:** Holistic service delivery in collaboration with other complementary service providers.

**Strategies:**

- **Person-lead**  
People who access our services & their family & friends are the primary stakeholder in their own journey. We undertake our services 'with' each person, not 'for' them
- **Inclusive & Diverse**  
We embrace opportunities to work with diverse community members & stakeholders

### Objective

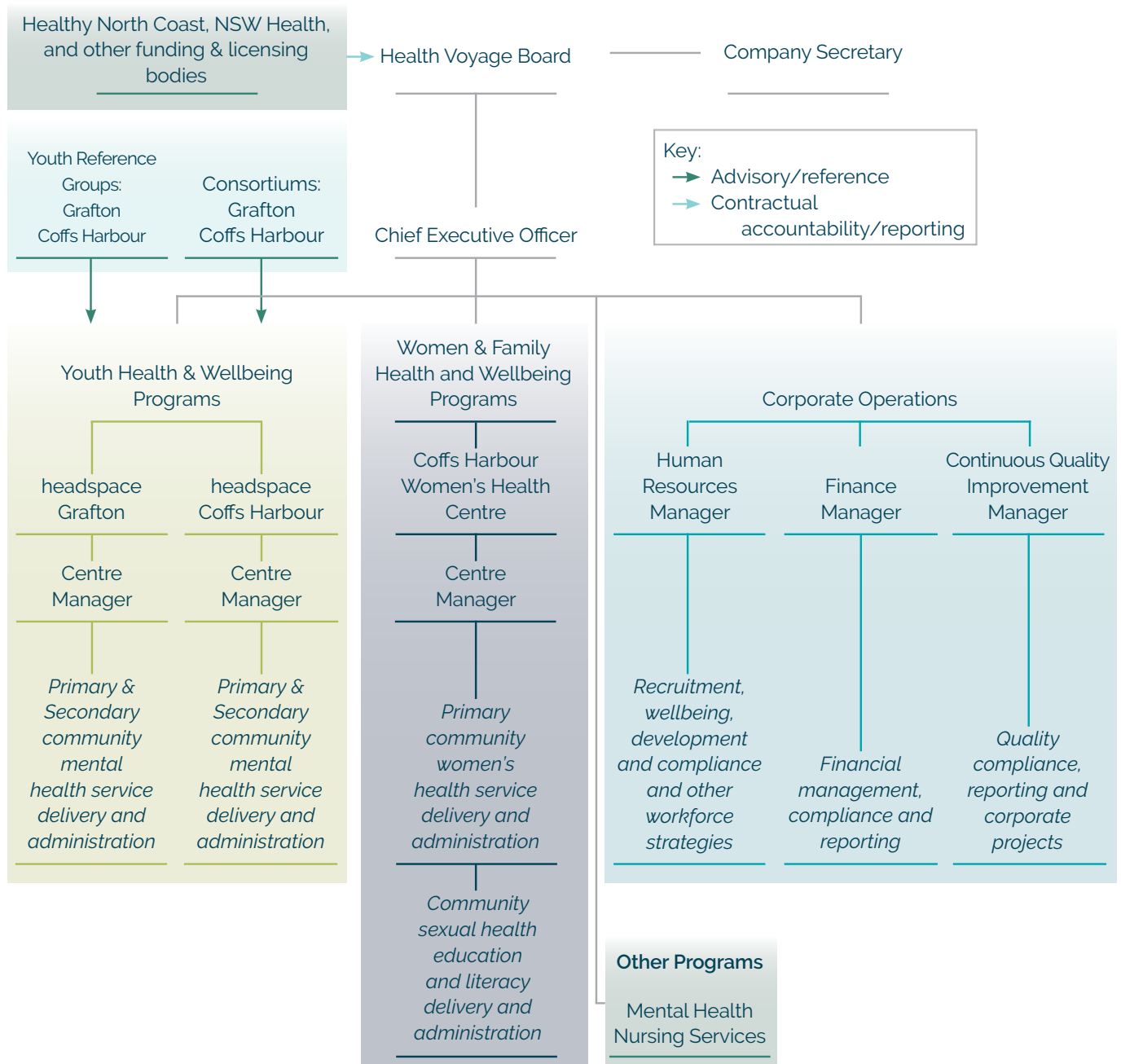
#### CAPABILITY & CAPACITY

**Outcome:** Program delivery that is innovative, effective & capable of meeting current & future demands

**Strategies:**

- **Innovators**  
We keep abreast of advances in business & healthcare & look to adopt proven innovations as early as possible
- **Evidenced-informed**  
Our service delivery is continuously revised & informed by existing & emerging evidence
- **Forward Thinking**  
Our organisation seeks to be informed by community needs & feedback to plan for the future

# HEALTH VOYAGE ORGANISATIONAL CHART



**Note:** Does not include co-located partner services within any of the programs, or private practitioners/contractors.





**"Reception staff are very friendly. Did not have to wait very long to see the Dr. Consult was thorough and my questions regarding the consult were answered. Dr made me feel at ease and explored other issues I was experiencing. Overall a great experience."**

Client, Coffs Harbour Women's Health Centre



# CHAIR'S MESSAGE

## YVONNE KACHEL, CHAIRPERSON

*Resigned 31 July 2024*

At the start of the new financial year in July 2023, our Board, with our Chief Executive Officer, Tazmyn Jewell, set about creating all necessary requirements for our first full year operating as Health Voyage Ltd., a Company Limited by Guarantee.

Exciting times, with loads of work to be accomplished.

Our first step was to review, rewrite, adapt and endorse all Health Voyage Policies. Over the next six months, the established policy subcommittee reviewed over seventy policies and provided updated policies with procedures through a Health Voyage SharePoint site that allowed immediate access for all staff.

New technology systems procured in 2023/24 also included access to a Human Resources Information System with Payroll and Timesheet functions. Each step in line with increasing legislative demands and corporate functions for our Health Voyage Company.

As a new Company we worked closely with our key funders, Healthy North Coast, and continued advancements through expansion of our corporate team, and the Finance, Audit

and Risk Management Committee developed Health Voyage's Risk Appetite Statement. Along with the Health Voyage leadership team, the Board endorsed a Recruitment and Retention Strategy to enable promotion and career pathways across Health Voyage services and programs.

We were able to appoint a Centre Manager for the Women's Health Centre, Julie Chakos, and increase our service from four days a week to five days a week, allowing women and girls more access for their physical and well-being needs.

Other system requirements have included Health Voyage's Cyber Incident Response Plan and a self-evaluation against Australian Charities and Not-for-profits Commission (ACNC) Guidelines. Our last requirement was to launch Health Voyage in February this year with a digital and print campaign for our community and key stakeholders.

Sounds like Health Voyage has been sailing at full sail?

Well, yes, we have, but it has only been possible with the help of our innovative, and positive CEO Tazmyn Jewell, our three service managers, the leadership team, the corporate team and all staff who have believed in our journey.

Along the way we have lost some Board members but gained others. We lost Shar Goodwin in October this year, but Shar has offered to remain as an advisor for delivery of services to our First Nation communities. We also lost Doctor Renee Strazzari who stepped down in December as she had accepted a demanding senior position with the Mid North Coast Local Health District.

However, at the same time, we gained Glen James, a very experienced Board member, especially related to headspace services

for young people. In March this year we welcomed Patti Andrews on to the Board who also holds a senior position with Future Women, and in April Vigeeta Chauhan, regional manager, Humanitarian Settlement Program at SSI also joined our Board.

Our Health Voyage Board is now a strong band of experienced and wonderful women including our existing members of Carol Burfoot, Natalie Ryan and Diana Dalley.

Every Board Member has willingly given up their time to help in every way to advance our journey from Genhealth Inc. to Health Voyage Ltd., and I thank you for your patience, your laughter and your innovative ideas. Thank you to Natalie Ryan who has been instrumental in her position as the Deputy Chair.

Thanks go to Taz, our fearless leader and to Cathie Frost, our Secretary and Continuous Quality Improvement Manager who have spent many late nights working with the Board.

Thank you to our leadership team, to our three managers, Suzanne, Dan and Julie, who each have contributed so much to their programs for young people and women.

Health Voyage is on a journey, well placed financially to ensure that our communities are provided with the best professional and enhancing services for health and well-being. Our staff are also the reason we can deliver high quality services, and I thank you for your dedication and enthusiasm.

It is time for me to retire as the Chair and Director of Health Voyage and I wish all of you great success.

It has been a privilege to work with you.

Thank you.

Yvonne Kachel.



# CEO'S MESSAGE

**TAZMYN JEWELL,  
CHIEF EXECUTIVE OFFICER**



Thank you for being on the journey with us this year, it has been a big year, we are so grateful to be able to deliver the services we deliver and be a trusted place to turn to by our communities.

We have worked closely with our wonderful Board of Directors, every Director providing so much time, energy and positivity to our cause. A special mention to our outgoing Chair Yvonne Kachel who has now resigned from her position. Yvonne has worked tirelessly in the role of Chair for the past three years to support our organisation. This year Yvonne was instrumental in the many endeavours of improvement we committed to, including our Board Policy Sub-Committee and our FARM Committee, stakeholder and funder engagement and guidance in my first full year as CEO. We can not thank Yvonne enough for her wisdom, compassion and laughter – Yvonne will be greatly missed, but your legacy will continue on. The Board has focussed over the last twelve months on paving the way to further enact our strategic direction and further the reach of our charitable purpose. We look forward to continuing our important work with our incoming Chair, Glen James.

We are proud that we have been able to provide high quality, compassionate care to our communities and further our Vision of 'Healthier People. Stronger Communities.' Our services continue to reach new delivery goals and the feedback that we receive from people accessing our services continues to guide and shape the work that we do.

I was honoured to present at the headspace

National Forum in May 2024 on the 'Barriers and enablers of implementing the headspace model from a Lead Agency perspective.' We had twelve staff from across our two services spend three days in Brisbane connecting, learning and sharing with our Australia-wide headspace network.

We were fortunate to have a visit from headspace National CEO, Jason Trethowan. Jason spent time with our Chair, Leadership Team, our services and met with young people from our youth reference groups. Jason's visit was hugely energising for our teams and there was a sense of celebration of the important work that is taking place. Our headspace Work and Study team from headspace Grafton has moved from strength to strength under the leadership of Dan, Aly and Darren. We were fortunate to see growth in our headspace services through the increase in funding through the 'Bilateral funding agreement', delivered with support from Healthy North Coast.

In March 2023 our Women's Health Centre saw the momentous NSW Government funding announcement to boost funding for Women's Health Centres across NSW. This increase was driven by the advocacy of Women's Health New South Wales and the Women's Health Network of centres. This was the first increase in funding since the opening of Women's Health Centres across

New South Wales in the late 1980s. What an amazing step forward for health equality and recognising the importance of tailored and specialist support for women's health and wellbeing.

Now in the second year of operation, our regional community is benefiting from the only Endometriosis and Pelvic Pain (EPP) Clinic between Brisbane and Sydney. A big thank you to the Centre Manager Julie Chakos and the EPP Clinic team of Dr Kristen Pigram, Dr Joanne Walker, Lisa Sing and Jennifer Williams for their innovation and dedication to this model of care. The EPP Clinic supports women through a multidisciplinary team and prevents the roundabout of care for women when it comes to this commonly misunderstood and misdiagnosed issue.

We continued to work closely with our Therapeutic Alliance partner organisations as we managed many process changes working as part of a consortium in the delivery of the Mental Health Nursing Services program. We have built strong bonds with the Mental Health Nurses on the North Coast and we look forward to working to increase access to services for those in need of mental health nursing support. A big shout out to Attie Feitsma for her diligent coordination of this program.

A huge thank you to our dedicated Leadership Team – Cathie Frost (Company Secretary and Quality Improvement Project Manager), Belinda Jones (Human Resources Manager), Paul Chakos (Finance Manager), Suzanne O'Donnell (Centre Manager, headspace Coffs Harbour), Dan Griffin (Centre Manager, headspace Grafton), Julie Chakos (Centre Manager, Women's Health Centre). This wonderful team has lead our services and our organisation through a year of growth and opportunity, with another big year ahead. With the right people in the right positions, we can achieve great things.

I also extend a big thank you to our funders, our community partners, and the communities that we serve for placing trust in the services that we deliver.



**"My Mental Health Nurse is amazing. Very knowledgeable in her field and she provides me with very applicable techniques and advice. I have seen a drastic improvement in my mental health since starting to use this service!"**

Consumer of the Mental Health Nursing Service in the YES Survey



# HEALTH VOYAGE BOARD OF DIRECTORS

## OUR DIRECTORS

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Glen James, *Chairperson from 1 August 2024*

Natalie Ryan, *Deputy Chairperson*

Diana Dalley, *Director*

Carol Burfoot, *Director*

Patti Andrews, *Director, from 11 March 2024*

Vigeeta Chauhan, *Director, from 2 April 2024*

Yvonne Kachel, *Chairperson, resigned 31 July 2024*

Shar Goodwin, *Director, resigned 24 October 2023*

Dr Renee Strazzari, *Director, resigned 6 December 2023*

## BOARD COMMITTEES

### Finance Audit & Risk Management Committee

*Finance Audit & Risk Management Committee Members*

Natalie Ryan (*Committee Chair*)

Carol Burfoot

Glen James

Yvonne Kachel (*until 1 August 2024*)

Tazmyn Jewell, *Health Voyage CEO*

Paul Chakos, *Health Voyage Finance Manager*

*Number of meetings held in 2023/24: 3*

### Policy Project Sub-Committee

Time limited committee of the Board from October 2023 to July 2024.

*Policy Project Sub-Committee Members:*

Diana Dalley (*Committee Chair*)

Carol Burfoot

Yvonne Kachel

Tazmyn Jewell, *Health Voyage CEO*

Cathie Frost, *Health Voyage Continuous Quality Improvement Manager*

*Number of meetings held in 2023/24: 5*



# HEALTH VOYAGE GOVERNANCE

## CLINICAL QUALITY AND SAFETY

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We have had the honour of working with Dr Helena Johnston as the Co-Chair of the Clinical Governance Committee. Dr Johnston has been integral in informing our process and leading our review of the Clinical Governance Framework. Our active Clinical Governance Committee has met quarterly and reviewed our Health Voyage Clinical policies and procedures, including our review of our Clinical and Non-Clinical Incidents Policy and Procedures.

Health Voyage Quality Management suite of policies and procedures underwent a significant review process to ensure continued alignment with clinical quality and safety standards and best practice.

## SERVICE ACCREDITATION AND MODEL INTEGRITY

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headspace Coffs Harbour and headspace Grafton achieved certification under the headspace Model Integrity Framework in December 2023.

The Coffs Harbour Women's Health Centre will undergo RACGP re-accreditation in August 2024.

## CULTURAL GOVERNANCE

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This year Health Voyage formed our first Cultural Governance Steering Committee, the Committee has fourteen members and advisors from across Health Voyage. The committee is working to develop the Health Voyage Cultural Governance Framework aimed at:

- Improving cultural competency and cultural safety
- Improving inclusion and diversity
- Policy development
- Advocacy and awareness
- Community engagement.

The first draft of the Cultural Governance Framework is due in September 2024 and this is our first steps towards our development of our Reconciliation Action Plan.

**"Because of my time with the headspace Work and Study (IPS) program I can confidently say that I am feeling optimistic about my future employment."**

Young Person, headspace Work and Study (IPS), Grafton

# HEALTH VOYAGE PROGRAMS

## WOMEN'S AND FAMILY SERVICES

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### COFFS HARBOUR WOMEN'S HEALTH CENTRE

#### Year in review and Key achievements

During 2023/24 the Coffs Harbour Women's Health Centre have continued our mission to provide essential health services to women, as those who identify as female, in our community, expanding our reach and impact. Our dedicated team of healthcare professionals and administrative staff have worked with determination to ensure that all our clients receive the care and support they need in an inclusive, respectful and safe environment.

Our mission is to empower women to take control of their health and wellbeing.

Key achievements for the Centre this year include:

#### Expanded Services:

- The Centre is now open every Friday, providing more access for our clients.
- Endometriosis and Pelvic Pain (EPP) clinic is up and running, offering support, education and service provision to those who have been living with this condition, being unheard for many years they now have a dedicated service to assist them.
- We have recruited a Midwife/Women's Health Clinician who provides pre and post pregnancy care and two EPP Physiotherapists. Clients can access these services with no out of pocket costs.

#### Community Outreach:

- The Centre conducted outreach Women's Health Nurse Clinics in Dorrigo, Ulong, Bellingen and Woolgoolga, visiting some areas twice to meet service demands.
- We partnered with local organisations to provide education and resources at community health events including the inaugural Nyami Jinda Women's Wellbeing Gathering.

#### Advocacy and Education/Health Promotion:

- We have continued our work with Women's Health NSW to successfully advocate for increased funding for all twenty one Women's Health Centres throughout NSW.
- To target and improve physical and mental health for women in our community we held 44 wellbeing groups providing 1489 occasions of service during the year. Regular groups include 60+ Fun & Fitness, Pre-Natal Yoga, Mums and Bubs, Sound, Zumba and 60+ Fun Dance. Two new groups were introduced during the year, Chaired Yoga and Sound Healing Meditation.
- An EPP community event educating women and their supports was held in March 2024 with 57 attendees. The event involved collaborating with other local health professionals who presented on the day along with GP's and Allied Health staff from our Centre.

- As part of the EPP Program we introduced a four-week Pain Psychology Group. We also partnered with the Mid North Coast Local Health District to deliver an Introduction to Chronic Pain Workshop. Both of these workshops were provided at no cost to attendees.
- Our sexual health educator delivered the "Lovebites" program at schools and also provided eight educational sessions to students collaborating with Groundworks, Galambila AMS health promotion staff and MNC Local Health District nurses.

#### Patient Care

- We provided 9732 occasions of Service during 2023/2024, a growth of approx. 23.5% from the previous year.
- The Centre continues to provide low cost or free healthcare services to many of our clients.

As we look forward to 2025, our focus will remain on service expansion, increased education, and outreach to underserved communities. The Team is excited about the opportunities ahead and we are all committed to continuing our mission to improve the health and wellbeing of all women in our community.

We look forward to another year of growth, service, and impact.

**"The woman's health centre has been a lifeline for me. I feel safe and supported."**

Client, Coffs Harbour Women's Health Centre

**"I have been coming to the Women's Health Centre since I was approx 12 -13yrs old. I'm now 33. There is no other practice like this. I feel so safe and comfortable here. I'm so thankful to all the staff, doctors."**

Client, Coffs Harbour Women's Health Centre

# HEALTH VOYAGE PROGRAMS

## MENTAL HEALTH AND WELLBEING

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### headspace GRAFTON

#### Year in review and Key achievements

In 2023/24, headspace Grafton achieved significant milestones and made substantial contributions to the community of Grafton and the Clarence Valley region.

- hMIF Accreditation: We are proud headspace Grafton attained hMIF (headspace Model Integrity Framework) accreditation. This achievement highlights our commitment to delivering high-quality integrated mental health services to young people in our community. The process has helped the service grow and improve our delivery.
- headspace National Forum Representation: Nine delegates from headspace Grafton participated in the headspace National Forum, contributing to national discussions and initiatives aimed at improving youth mental health services across Australia. The innovation of the service was highlighted by the Centre Manager from the forum stage, as a result of our engagement with the headspace National Telepsychiatry program.
- Therapeutic Group Implementation: We successfully integrated therapeutic groups into our service offerings, providing valuable support and resources to young people. Art therapy and music groups have been very popular.
- Community Engagement Initiatives: Throughout the year, headspace Grafton actively engaged with the community through various initiatives, including:
  - Close the Gap Day: Serving 900 young people, focusing on improving health outcomes for Indigenous Australians.
  - NAIDOC Week Celebrations: Celebrating and promoting Aboriginal and Torres Strait Islander cultures, histories, and achievements.
  - One Stop Shop for Year Nine Students: Providing comprehensive services and support to students across the Clarence Valley.
  - Wear it Purple Day: Promoting inclusivity and support for LGBTQIA+ youth.
  - Community Strides Project Successfully launched a project aiming to incorporate designs by young Aboriginal people onto senior sports team shirts across the Clarence Valley, promoting cultural pride, representation and the headspace Grafton service.
  - headspace Work and Study Program: Our Work and Study Program expanded significantly, assisting fourteen young people across the Clarence Valley in gaining meaningful employment opportunities and educational pathways.

These achievements demonstrate headspace Grafton's ongoing commitment to enhancing mental health services, fostering community engagement, and supporting the wellbeing of young people in our region. We look forward to continuing this important work in the coming year.

## headspace COFFS HARBOUR

### Year in review and Key achievements

In 2023/24 headspace Coffs Harbour provided 656 Young People with services, with just over half never having accessed a headspace service before. We delivered 2,571 occasions of service.

headspace Coffs Harbour formed a ten person strong Young Leader's Council (our youth reference group). Members range in age between 13 and 24 years old. We look forward to them helping us ensure that the way we deliver our services remains relevant to the young people seeking our support.

We were successful in getting grants from the Office of Regional Youth to enable us to put on activities during each of the school holidays. In the Autumn school holidays we ran "Grow the Music", a three-day workshop where young people had the opportunity to work with some amazing artists in a recording studio to write and record their own songs. The connection that developed between them during consecutive days was amazing to watch.

We had some amazing new hires and have increased both our Youth Access Clinician and Allied Health Practitioner numbers. Dr Basia Radlinska re-joined our team (Dr Radlinska was previously Clinical Lead many years ago) as Clinical Educator to help us connect with local universities to create pathways for Psychology and Masters of Social Work students to undertake placements with us with our first student starting in February this year. We now have partnerships with Southern

Cross University, University of New England and Charles Sturt University.

For the last three years we have been part of the "All One Under the Sun" Consortium with STARTTS, Blue Sky and Coffs Harbour City Council. With funding ending on 30 June 2024, we went out with a bang with the final festival being held at the Botanic Gardens on 26 May 2024. With over 30 performances and many activities to participate in, over 5,000 people attended the day.

We have recently joined with the Becoming U team and other local organisations to support the Bongil Bongil Youth Collective, a place for engagement and connectivity for the Toormina Community.

**"headspace Grafton always provide fun and engaging activities at events."**

Organiser, 2024 Marketta Grafton

# HEALTH VOYAGE PROGRAMS

## MENTAL HEALTH NURSING SERVICE (THERAPEUTIC ALLIANCE)

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### Year in review and Key achievements


Health Voyage continues to partner with EACH, Wellways, Ability Options (formerly CHESS) and The Buttery to deliver the Primary Mental Health Program for the NSW North Coast. Through the Therapeutic Alliance, providing services as Healthy Hub Connect, Health Voyage administers the Mental Health Nursing Service, a program providing support to people with severe and complex ongoing mental health needs via a team of contracted Credentialed Mental Health Nurses.

In its first year under the direction of Health Voyage, the Mental Health Nursing Service made a significant contribution to the mental health care of individuals with severe and complex mental illness in the North Coast area. The Nurses supported just under 1,000 people and provided an amazing 11,810 occasions of service.

Throughout the year significant enhancements to the program were made. The appointment of a Coordinator in December 2023 allowed for effective management of the increased number of referrals following the launch of the Therapeutic Alliance in July 2023. A comprehensive review of the existing program was undertaken, and feedback sought from the MH Nurses. As a result, new referral management strategies were successfully implemented, leading to improved service quality and shorter wait times for the first occasion of service. The payment method for services was also overhauled which meant less administration for the MH Nurses and allowed for more timely reconciliations.

The Mental Health Nursing Service has collaborated closely with its partners in the Therapeutic Alliance. This Alliance has enabled the effective and timely execution of the stepped care model, ensuring that people in our community can receive the right care, in the right place, at the right time.





**"Firstly, they say it takes a village to raise a child and honestly as a single mother who works full time, this program has been a great support to myself personally as a parent.**

**Particularly I have watched my daughter develop new social skills, step outside of her comfort zone and interact with adults within the working environment and in turn she has gained self-confidence and learnt more about herself. She has even attended face to face interviews with the support and encouragement from Alyson."**

Parent of Young Person accessing headspace Work and Study (IPS), Grafton

# OUR PEOPLE ARE OUR GREATEST STRENGTH

Health Voyage experienced significant staff growth in 2023/24.

Exciting funding opportunities for Health Voyage during the year saw the commencement of an Endometriosis and Pelvic Pain Clinic at Coffs Harbour Women's Health Centre, a Mental Health Nursing Service program with contracted services managed by Health Voyage, and boosts to the clinical programs in our headspace centres in Grafton and Coffs Harbour that all brought new positions and onboarding of new team members. Our workforce snapshot at 30/06/24 indicated full time equivalent (FTE) staff numbered 33.4 across Health Voyage, with a headcount of 62. This is an increase of 26% from 30/06/23. As at 30/06/24, 85.5% of the workforce identified as female.

Health Voyage remains committed to a workplace culture that builds respect, fosters inclusiveness, promotes diversity and embraces the unique skills and qualities of all our workforce and members. When recruiting, we encourage those who identify as Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse, LGBTQIA+, or have a lived experience of mental health to apply for Health Voyage positions. This year, we have strengthened our employer brand by utilising our social pages to better showcase Health Voyage as an employer of choice, further building employer reputation. During the year Health Voyage became a member of the Circle Back Initiative, strengthening our commitment to ensure every candidate who applies for a role in our organisation receives an outcome response. We commit to treating applicants with respect, and to providing a candidate experience that counts.

Our staff retention rate for 2023/24 was 74%. Rates of around 70% to 85% in a healthcare/mental health work environment of our organisation's size can be considered good given the competitive nature of the industry and demand for skilled employees. To attract and retain a talented, engaged and loyal workforce and increase our retention rate, Health Voyage implemented a new Recruitment and Retention Strategy (2024). The Action Plans within the Recruitment and Retention Strategy aim for the alignment of individual and organisational values, and for the strengthening of our mental fitness, connection, and wellbeing. With the goal being that all positions are filled, and team members are living a purposeful life. This in turn will drive organisational success.

Values conversations are incorporated into onboarding and first conversations with new staff members. Our common purpose and organisation values drive the work that we do, and the way that we do it. Our strengthened onboarding and induction program commits to ensuring that new staff are well guided and supported through their probation and are offered valuable training opportunities from their commencement.

Building on our recognition and reward, Health Voyage introduced length of service pins in early 2024, with an inaugural presentation to staff who have achieved 1, 5, and 10/10+ years of service so far and we will continue to celebrate these milestones regularly going forward. We were delighted to present 1 staff member with 20+ years, and 8 staff with 10+ years of service pins and certificates as they were introduced,



recognising a combined total of 143 years of service between these amazing and dedicated team members! In addition, 4 staff were presented with 5+ years of service with Health Voyage this year.

Health Voyage continued to successfully integrate advanced technology during the 2023/24 financial year, implementing two additional modules - Payroll, and Learning Management System (LMS), into the existing Human Resource Information System (HRIS). This further strengthens our aim for a central source of truth system for HR and Payroll, and provides a holistic approach to managing the workforce, improving operational efficiency, accuracy, and employee satisfaction while supporting better compliance and data security.

In addition to implementing our internal LMS, a range of comprehensive training and development opportunities were undertaken by Health Voyage staff and volunteers, including our Board Directors and university

students on placement. These ranged from short courses and insightful webinars focusing on safety, quality, governance, and innovation, to attendance at the headspace National forum, and the NSW Women's Health forum. During the year, our staff had access to opportunities for internal promotions and temporary higher duties assignments within senior roles. These opportunities recognise and reward the valuable skills, capabilities, and experiences that our dedicated team members contribute to our organisation.

We recognise, acknowledge, and appreciate the valuable contributions all members of our workforce have brought to Health Voyage, particularly over the last twelve months. The hard work, dedication, and unwavering commitment of our team members not only helps Health Voyage to achieve our goals but also strengthens our organisation as a whole. Our team provides a solid foundation for the future, and we are excited about what Health Voyage will achieve in the coming year!

# THANK YOU

## 2023/24 FUNDING PARTNERS



Funding for headspace  
Coffs Harbour and  
headspace Grafton, Demand  
Management Wait Time and  
Infrastructure funding,

Mental Health Nursing  
Services under the  
Therapeutic Alliance through  
EACH as Consortium Lead  
(Healthy Hub Connect)

Endometriosis and Pelvic Pain  
Clinic, CHWHC

Healthy Minds Service under  
the Therapeutic Alliance  
through EACH as Consortium  
Lead (Healthy Hub Connect)

Funding for headspace  
Grafton and Coffs Harbour  
GP Boost, headspace Grafton  
and headspace Coffs Harbour  
Student Placements.



IPS/headspace Work and  
Study Program Grafton



*Department of Regional NSW –  
Office of Regional Youth*

Youth Events



Youth Group Programs



Flood Support Program



Women's Health Centre  
Projects



Women's Health Centre  
Resources

Health Voyage also generates funding through Medicare (Commonwealth Government).

We also acknowledge donations received from the community, including from anonymous donors.



## COMMUNITY PARTNERS

### Health Voyage acknowledges our community partnerships and Consortium Members

Ability Options	Mission Australia
All One Under the Sun	Mudyala Aboriginal Corporation
APM	Nambucca Youthie
Becoming U Project (Toormina)	New Horizons
Bellingen Youth Hub	Nyami Gawbarri
Blue Sky Community Services/ Groundworks	New School of Arts
Bulgarr Ngaru Aboriginal Medical Centre	Northern NSW LHD Mental Health Services
Charles Sturt University	NSW Department of Education
Clarence Valley Council	OneMob Radio
EACH	Pete's Place Coffs Harbour
Interrelate	Pink Silks Trust
Healthy North Coast	Professional Coaching Solutions
Galambila	ShoreTrack – Macksville
Grow the Music	Social Futures
Happy Boxes Project	Southern Cross University
Lifeline North Coast	STARTTS
Mid North Coast LHD Alcohol and Other Drugs Services	TAFE NSW
Mid North Coast LHD Mental Health Services	The Buttery
Mid North Coast LHD Refugee Services	Uniting NSW.ACT
Mid North Coast LHD Women's Health and Wellbeing	University of New England
	Wellways
	Wesley Mission

"I wanted it to go on forever lol, so a longer work shop next time would be great! I had an awesome experience, thank you! I want to write more of my own music now."

Participant, Grow the Music Workshop, headspace  
Coffs Harbour





# FINANCIAL REPORT

# Health Voyage Limited

ABN: 73 738 289 843

## Financial Statements

For the Year Ended 30 June 2024

**Health Voyage Limited**

ABN: 73 738 289 843

**Contents**  
**For the Year Ended 30 June 2024**

	Page
<b>Financial Statements</b>	
Statement of Profit or Loss and Other Comprehensive Income	30
Statement of Financial Position	31
Statement of Changes in Equity	32
Statement of Cash Flows	34
Notes to the Financial Statements	35
Directors' Declaration	45
Independent Audit Report	46

## Statement of Profit or Loss and Other Comprehensive Income

For the Year Ended 30 June 2024

		2024	2023
	Note	\$	\$
Revenue	5	961,614	987,165
Grants	5	5,982,748	3,697,758
Other income	5	245,556	77,005
	5	<u>7,189,918</u>	<u>4,761,928</u>
Employee Benefits Expense		(3,635,730)	(3,433,621)
Rent & Occupancy Expenses		(277,055)	(305,908)
Contract MBS HM		(1,571,058)	(5,711)
IT Support & Software Expense		(175,597)	(108,159)
Depreciation and amortisation expense		(142,127)	(134,340)
Consumer & Carer Participation		(10,715)	(20,574)
Insurance - Workers Compensation & General		(87,572)	(74,452)
Cleaning		(70,491)	(58,256)
Utilities - Telephone & Electricity		(69,535)	(59,349)
Workshop Expenses		(63,550)	(47,830)
Staff Training & Development		(98,703)	(57,282)
Motor Vehicle Expenses		(38,655)	(35,736)
Medical Supplies		(17,952)	(27,901)
Printing, Postage, & Stationary		(17,942)	(26,361)
Lease Office Equipment		(10,281)	(17,976)
Maintenance		(18,979)	(17,476)
Equipment		(97,422)	(15,659)
Community Awareness Expenses		(67,901)	(5,304)
Participate in Collaborative		(1,082)	(1,831)
Bushfire Recovery Expenditure		(17,251)	-
Other Operating Expenses		(123,736)	(126,875)
<b>Surplus for the year</b>		<u><b>576,584</b></u>	<u><b>181,327</b></u>
<b>Other comprehensive income</b>			
Transfers to Reserves		-	-
<b>Total comprehensive income for the year</b>		<u><b>576,584</b></u>	<u><b>181,327</b></u>

The accompanying notes form part of these financial statements.

# Statement of Financial Position

As At 30 June 2024

	Note	2024 \$	2023 \$
<b>ASSETS</b>			
CURRENT ASSETS			
Cash and cash equivalents	7	4,492,069	4,724,409
Trade and other receivables	8	19,550	57,209
Other assets	9	54,216	59,017
TOTAL CURRENT ASSETS		4,565,835	4,840,635
NON-CURRENT ASSETS			
Property, plant and equipment	10	1,877,189	1,650,598
TOTAL NON-CURRENT ASSETS		1,877,189	1,650,598
TOTAL ASSETS		6,443,024	6,491,233
<b>LIABILITIES</b>			
CURRENT LIABILITIES			
Trade and other payables	11	179,999	335,594
Employee benefits	13	431,313	326,502
Other liabilities	12	2,230,056	2,813,114
TOTAL CURRENT LIABILITIES		2,841,368	3,475,210
NON-CURRENT LIABILITIES			
Employee benefits	13	30,012	20,963
TOTAL NON-CURRENT LIABILITIES		30,012	20,963
TOTAL LIABILITIES		2,871,380	3,496,173
NET ASSETS		3,571,644	2,995,060
<b>EQUITY</b>			
Reserves		524,858	524,858
Retained earnings		3,046,786	2,470,202
TOTAL EQUITY		3,571,644	2,995,060

The accompanying notes form part of these financial statements.

## Statement of Changes in Equity

For the Year Ended 30 June 2024

### 2024

	Retained Earnings	General Reserve	Redundancy Reserve	Total
	\$	\$	\$	\$
<b>Balance at 1 July 2023</b>	<b>2,470,202</b>	<b>364,858</b>	<b>160,000</b>	<b>2,995,060</b>
Surplus attributable to the entity	576,584	-	-	576,584
<b>Balance at 30 June 2024</b>	<b>3,046,786</b>	<b>364,858</b>	<b>160,000</b>	<b>3,571,644</b>

### 2023

	Retained Earnings	General Reserve	Redundancy Reserve	Total
	\$	\$	\$	\$
<b>Balance at 1 July 2022</b>	<b>2,288,875</b>	<b>364,858</b>	<b>160,000</b>	<b>2,813,733</b>
Surplus attributable to the entity	181,327	-	-	181,327
<b>Balance at 30 June 2023</b>	<b>2,470,202</b>	<b>364,858</b>	<b>160,000</b>	<b>2,995,060</b>

The accompanying notes form part of these financial statements.



## Statement of Cash Flows

For the Year Ended 30 June 2024

		2024	2023
	Note	\$	\$
<b>CASH FLOWS FROM OPERATING ACTIVITIES:</b>			
Receipts from customers, and government sources		7,035,372	7,224,499
Payments to suppliers and employees		(7,074,100)	(4,904,502)
Interest received		175,106	58,967
Net cash provided by/(used in) operating activities	20	<u>136,378</u>	<u>2,378,964</u>
<b>CASH FLOWS FROM INVESTING ACTIVITIES:</b>			
Purchase of property, plant and equipment		<u>(368,718)</u>	<u>(257,493)</u>
Net cash provided by/(used in) investing activities		<u>(368,718)</u>	<u>(257,493)</u>
Net increase/(decrease) in cash and cash equivalents held		(232,340)	2,121,471
Cash and cash equivalents at beginning of year		<u>4,724,409</u>	<u>2,602,938</u>
Cash and cash equivalents at end of financial year	7	<u><u>4,492,069</u></u>	<u><u>4,724,409</u></u>

The accompanying notes form part of these financial statements.

## Notes to the Financial Statements

For the Year Ended 30 June 2024

### 1 Introductions

The financial report covers Health Voyage Limited as an individual entity. Health Voyage Limited is a not-for-profit Company, and is domiciled in Australia.

The principal activities of the Company for the year ended 30 June 2024 were as a multi-disciplinary service providing evidence based clinical, health promotion and allied health services for those at risk in the community.

The functional and presentation currency of Health Voyage Limited is Australian dollars.

Comparatives are consistent with prior years, unless otherwise stated.

### 2 Basis of Preparation

In the opinion of the Committee the Company is not a reporting entity since there are unlikely to exist users of the financial statements who are not able to command the preparation of reports tailored so as to satisfy specifically all of their information needs. These special purpose financial statements have been prepared to meet the reporting requirements of the *Australian Charities and Not-for-profits Commission Act 2012*.

The financial statements have been prepared in accordance with the recognition and measurement requirements of the Australian Accounting Standards and Accounting Interpretations, and the disclosure requirements of ARABS 101 *Presentation of Financial Statements*, AASB 107 *Statement of Cash Flows*, AASB 108 *Accounting Policies, Changes in Accounting Estimates and Errors* and AASB 1054 *Australian Additional Disclosures*.

The financial statements have been prepared on an accruals basis and are based on historical costs modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities.

Significant accounting policies adopted in the preparation of these financial statements are presented below and are consistent with prior reporting periods unless otherwise stated.

The financial statements and material accounting policies all comply with the recognition and measurement requirements in Australian Accounting Standards, except for AASB 16 *Leases* which has not been applied, the entity policy applied for leases is mentioned below in note 3.

### 3 Summary of Material Accounting Policies

#### (a) Revenue and other income

##### Revenue from contracts with customers

The core principle of AASB 15 is that revenue is recognised on a basis that reflects the transfer of promised goods or services to customers at an amount that reflects the consideration the Company expects to receive in exchange for those goods or services.

Generally the timing of the payment for sale of goods and rendering of services corresponds closely to the timing of satisfaction of the performance obligations, however where there is a difference, it will result in the recognition of a receivable, contract asset or contract liability.

None of the revenue streams of the Company have any significant financing terms as there is less than 12 months between receipt of funds and satisfaction of performance obligations.

## Notes to the Financial Statements

### For the Year Ended 30 June 2024

#### 3 Summary of Material Accounting Policies

##### (a) Revenue and other income

###### Specific revenue streams

The revenue recognition policies for the principal revenue streams of the Company are:

###### Grant and government funding revenue

When grant revenue is received whereby the entity incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

###### Capital Grants

Generally when a capital grant revenue is received whereby the entity incurs an obligation to expend funds on non specific capital purchases, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the capital purchase occurs, whereby the amount is then recorded as income.

Major capital grants with a specific purpose is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the capital purchase occurs. The revenue is then recorded on regular basis over the effective life of the asset.

###### Services Revenue

Revenue is recognised on transfer services to the client as this is deemed to be the point in time when risks and rewards are transferred and there is no longer any ownership or effective control over the services. Payments are received in arrears after the service has already been provided, and there is no specific ongoing performance obligation connected to the revenue received. A receivable in relation to these services is recognised when a bill or claim has been invoiced or submitted, as this is the point in time that the consideration is unconditional because only the passage of time is required before the payment is due

###### Revenue recognition policy for contracts which are either not enforceable or do not have sufficiently specific performance obligations

Revenue is recognised on transfer services to the client as this is deemed to be the point in time when risks and rewards are transferred and there is no longer any ownership or effective control over the services

##### (b) Income Tax

The Company is exempt from income tax under Division 50 of the *Income Tax Assessment Act 1997*.

##### (c) Volunteer services

No amounts are included in the financial statements for services donated by volunteers.

Notes to the Financial Statements  
For the Year Ended 30 June 2024

3 Summary of Material Accounting Policies

(d) Property, plant and equipment

Each class of property, plant and equipment is carried at cost less, where applicable, any accumulated depreciation and impairment.

Leasehold Improvements

Leasehold Improvements are measured using the cost model.

Plant and equipment

Plant and equipment are measured using the cost model.

Depreciation

Property, plant and equipment, excluding freehold land, is depreciated on a straight-line or diminishing value basis over the asset's useful life to the Company, commencing when the asset is ready for use.

The depreciation rates used for each class of depreciable asset are shown below:

Fixed asset class	Depreciation rate
Plant and Equipment	5% - 100%
Motor Vehicles	12.5%
Leasehold improvements	2.5%

(e) Financial instruments

Financial assets

All recognised financial assets are subsequently measured in their entirety at either amortised cost or fair value, depending on the classification of the financial assets.

Classification

On initial recognition, the Company classifies its financial assets into the following categories, those measured at:

- amortised cost

Amortised cost

The Company's financial assets measured at amortised cost comprise trade and other receivables and cash and cash equivalents in the statement of financial position.

Subsequent to initial recognition, these assets are carried at amortised cost method less provision for impairment.

## Notes to the Financial Statements

### For the Year Ended 30 June 2024

#### 3 Summary of Material Accounting Policies

##### (e) Financial instruments

###### Financial assets

Interest income, and impairment are recognised in profit or loss. Gain or loss on derecognition is recognised in profit or loss.

###### *Impairment of financial assets*

Impairment of financial assets is recognised on an expected credit loss (ECL) basis for the following assets:

- financial assets measured at amortised cost

Where the simplified approach to expected credit loss (ECL) is not applied, the Group uses the presumption that an asset which is more than 30 days past due has seen a significant increase in credit risk.

The Company uses the presumption that a financial asset is in default when:

- the other party is unlikely to pay its credit obligations to the Company in full, without recourse to the Company to actions such as realising security (if any is held); or
- the financial assets is more than 90 days past due.

###### *Trade receivables*

Impairment of trade receivables have been determined using the simplified approach in AASB 9 which uses an estimation of lifetime expected credit losses.

The amount of the impairment is recorded in a separate allowance account with the loss being recognised in finance expense. Once the receivable is determined to be uncollectable then the gross carrying amount is written off against the associated allowance.

Where the Company renegotiates the terms of trade receivables due from certain customers, the new expected cash flows are discounted at the original effective interest rate and any resulting difference to the carrying value is recognised in profit or loss.

###### Financial liabilities

The financial liabilities of the Company comprise trade payables, and lease liabilities.

##### (f) Impairment of non-financial assets

At the end of each reporting period the Company determines whether there is evidence of an impairment indicator for non-financial assets.

Where an indicator exists and regardless for indefinite life intangible assets and intangible assets not yet available for use, the recoverable amount of the asset is estimated.

## Notes to the Financial Statements

### For the Year Ended 30 June 2024

#### 3 Summary of Material Accounting Policies

##### (g) Leases

The Company has elected to not apply AASB 16 Leases. The Company recognises the payments associated with these leases as an expense on a straight-line basis over the lease term.

##### (h) Economic dependence

Health Voyage Limited is dependent on Healthy North Coast for the major part of its revenue used to operate the business. At the date of this report the directors have no reason to believe the Healthy North Coast will not continue to support Health Voyage Limited.

##### (i) Adoption of new and revised accounting standards

The Company has adopted all standards which became effective for the first time at 30 June 2024, the adoption of these standards has not caused any material adjustments to the reported financial position, performance or cash flow of the Company or refer to Note for details of the changes due to standards adopted.

#### 4 Critical Accounting Estimates and Judgments

Those charged with governance make estimates and judgement during the preparation of these financial statements regarding assumptions about current and future events affecting transactions and balances.

These estimates and judgement are based on the best information available at the time of preparing the financial statements, however as additional information is known then the actual results may differ from the estimates.

The significant estimates and judgement made have been described below.

##### Key estimates - impairment of property, plant and equipment

The Company assesses impairment at the end of each reporting period by evaluating conditions specific to the Company that may be indicative of impairment triggers. Recoverable amounts of relevant assets are reassessed using value-in-use calculations which incorporate various key assumptions.

# Notes to the Financial Statements

## For the Year Ended 30 June 2024

### 5 Revenue and Other Income

	2024	2023
	\$	\$
<b>Revenue from contracts with customers</b>		
- Medical & Psychologist Consultations	750,523	716,273
- Medicare Income PIP PNIP	62,597	63,343
- Medical Reports & Other Income	33,164	55,449
- Workshops Income	18,263	23,570
- One off Contributions	5,169	17,526
- Room Hire	91,898	111,004
	<b>961,614</b>	<b>987,165</b>
<b>- Grant Funds &amp; Income</b>		
- Grants	1,173,607	2,399,102
- Womens Program	1,034,300	427,700
- Other Programs	3,121,426	189,145
- Department of Social Services	265,536	433,194
- Capital Grants	387,879	248,617
	<b>5,982,748</b>	<b>3,697,758</b>
	<b>6,944,362</b>	<b>4,684,923</b>
<b>Other Income</b>		
- Interest Income	175,106	58,967
- Reimbursement Wages & Subsidies	47,196	-
- Donations	21,254	17,982
- Wages Recovery	2,000	56
	<b>245,556</b>	<b>77,005</b>
<b>Total Revenue</b>	<b>7,189,918</b>	<b>4,761,928</b>

### 6 Result for the Year

The result for the year includes the following specific expenses:

Superannuation contributions	339,247	315,629
Rental expense on operating leases:		
- Minimum lease payments	269,556	297,829

### 7 Cash and Cash Equivalents

Cash on hand	600	445
BCU Bank balances	300,038	1,687,223
BCU Visa Accounts	-	575
Westpac Community One Visa	3,125	1,776
Westpac Community Solution One	74	136,906
Westpac WHC	789	-
BCU Term Deposits	4,187,443	2,897,484
	<b>4,492,069</b>	<b>4,724,409</b>



## Notes to the Financial Statements

### For the Year Ended 30 June 2024

#### 8 Trade and Other Receivables

	2024	2023
	\$	\$
CURRENT		
Trade receivables	19,550	57,209

#### 9 Other non-financial assets

CURRENT		
Prepayments	54,216	59,017

#### 10 Property, plant and equipment

##### PLANT AND EQUIPMENT

Plant and equipment		
At cost	785,610	475,928
Accumulated depreciation	(285,105)	(170,501)
Total plant and equipment	500,505	305,427

Motor vehicles		
At cost	59,214	59,214
Accumulated depreciation	(15,341)	(7,920)
Total motor vehicles	43,873	51,294

HP Server		
At cost	-	27,672
Accumulated depreciation	-	(18,067)
Total computer equipment	-	9,605

Leasehold Improvements		
At cost Headspace Grafton	158,020	158,020
At cost Coffs Harbour	1,446,239	1,359,191
Accumulated amortisation	(271,448)	(232,939)
Total leasehold improvements	1,332,811	1,284,272

<b>Total property, plant and equipment</b>	<b>1,877,189</b>	<b>1,650,598</b>
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## Notes to the Financial Statements

### For the Year Ended 30 June 2024

#### 10 Property, plant and equipment

##### (a) Movements in carrying amounts of property, plant and equipment

###### Year ended 30 June 2024

	Plant and Equipment \$	Motor Vehicles \$	IT Equipment - Headspace Grafton \$	Leasehold Improvement s \$	Total \$
Balance at the beginning of year	305,427	51,294	9,605	1,284,272	1,650,598
Additions	281,670	-	-	87,048	368,718
Depreciation expense	(96,197)	(7,421)	-	(38,509)	(142,127)
Assets transferred	9,605	-	(9,605)	-	-
<b>Balance at the end of the year</b>	<b>500,505</b>	<b>43,873</b>	<b>-</b>	<b>1,332,811</b>	<b>1,877,189</b>

###### Year ended 30 June 2023

	Plant and Equipment \$	Motor Vehicles \$	IT Equipment - Headspace Grafton \$	Leasehold Improvement s \$	Total \$
Balance at the beginning of year	141,680	58,685	11,527	1,315,553	1,527,445
Additions	250,851	-	-	6,642	257,493
Depreciation expense	(87,104)	(7,391)	(1,922)	(37,923)	(134,340)
<b>Balance at the end of the year</b>	<b>305,427</b>	<b>51,294</b>	<b>9,605</b>	<b>1,284,272</b>	<b>1,650,598</b>

## Notes to the Financial Statements

### For the Year Ended 30 June 2024

#### 11 Trade and Other Payables

	2024	2023
	\$	\$
CURRENT		
Trade payables	29,976	4,858
Employee benefits	58,276	44,275
Sundry payables and accrued expenses	130,710	103,868
GST (refundable)/payable	(38,963)	182,593
	<u>179,999</u>	<u>335,594</u>

Trade and other payables are unsecured, non-interest bearing and are normally settled within 30 days. The carrying value of trade and other payables is considered a reasonable approximation of fair value due to the short-term nature of the balances.

#### 12 Other Liabilities

CURRENT		
Grants & Funds in Advance	<u>2,230,056</u>	<u>2,813,114</u>

#### 13 Employee Benefits

Current liabilities		
Long service leave	117,785	88,638
Provision for employee benefits	313,528	237,864
	<u>431,313</u>	<u>326,502</u>
Non-current liabilities		
Long service leave	<u>30,012</u>	<u>20,963</u>

#### 14 Reserves

##### (a) General reserve

The general reserve records funds set aside for future expansion of Health Voyage Limited.

##### (b) Redundancy reserve

The redundancy reserve records funds set aside for future possible redundancies of employees of Health Voyage Limited

#### 15 Auditors' Remuneration

Remuneration of the auditor Moore Australia (QLD/NNSW) for:

- auditing the financial statements	<u>14,140</u>	<u>12,400</u>
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## Notes to the Financial Statements

### For the Year Ended 30 June 2024

#### 16 Lease Commitments

The entity has elected to not apply AASB 16 Leases standard. The non-cancelable lease commitments for the entity are as follows. Leases are for office locations at Coffs Harbour and Grafton and are for periods ranging between 1 to 12 months.

	2024	2023
	\$	\$
Minimum lease payments:		
less than 12 months	219,073	301,269
1 - 5 Years	-	730,596
Greater than 5 years	-	354,154
	<b>219,073</b>	<b>1,386,019</b>

#### 17 Key Management Personnel Disclosures

The remuneration paid to key management personnel of the Company is \$ 394,055 (2023: \$ 353,135).

#### 18 Contingencies

In the opinion of those charged with governance, the Company did not have any contingencies at 30 June 2024 (30 June 2023:None).

#### 19 Related Parties

**The Company's main related parties are as follows:**

Key management personnel - refer to Note 17.

Related parties include close family members of key management personnel and entities that are controlled or significantly influenced by those key management personnel or their close family members.

**Transactions with related parties:**

There were no related party transactions in the 2024 year.

In 2023 The partner of a Director was engaged as a consultant by the Health Voyage Board of Directors to conduct a review of Headspace Coffs Harbour and Headspace Grafton. Approved by the Board 20 May 2023. The director declared a conflict of interest, and was granted a leave of absence while the review was taking place 5/6/23 – 19/6/23. Remuneration paid was in accordance with the quotes and amounts that were disclosed to, and approved by the board, and were no more favourable than those available to the general public. Full details are held and are available to members upon request within the Company's Register of related party transactions.

## Notes to the Financial Statements

### For the Year Ended 30 June 2024

#### 20 Cash Flow Information

##### Reconciliation of result for the year to cashflows from operating activities

Reconciliation of net income to net cash provided by operating activities:

Profit for the year	<b>576,584</b>	181,327
Cash flows excluded from profit attributable to operating activities		
Non-cash flows in profit:		
- depreciation	<b>142,127</b>	134,340
Changes in assets and liabilities:		
- (increase)/decrease in trade and other receivables	<b>37,659</b>	(14,835)
- (increase)/decrease in prepayments	<b>4,801</b>	(8,096)
- increase/(decrease) in income in advance	<b>(583,058)</b>	1,945,305
- increase/(decrease) in trade and other payables	<b>(155,595)</b>	106,525
- increase/(decrease) in employee benefits	<b>113,860</b>	34,398
Cashflows from operations	<b>136,378</b>	<b>2,378,964</b>

#### 21 Statutory Information

The registered office and principal place of business of the entity is:  
 Health Voyage Limited  
 45-53 Little Street  
 Coffs Harbour NSW 2450

Directors' Declaration

In the Directors' opinion:

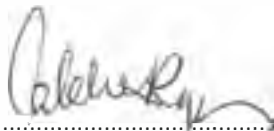
- 1. The financial statements and notes, as set out on pages 1 to 15, are in accordance with the *Australian Charities and Not-for-profits Commission Act 2012* including:
  - a. complying with Australian Accounting Standards - as described in Note 3, and the *Australian Charities and Not-for-profits Commission Regulation 2022*; and
  - b. giving a true and fair view of the financial position as at 30 June 2024 and of the performance for the year ended on that date of the Company.
- 2. There are reasonable grounds to believe that the Company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.

Chairperson

  
Glen James

Director

  
Natalie Ryan

Coffs Harbour  
Dated 24 September 2024

## Independent Audit Report Health Voyage Limited

### Report on the Audit of the Financial Report

#### Opinion

We have audited the financial report of Health Voyage Limited, which comprises the statement of financial position as at 30 June 2024, the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the responsible persons' declaration.

In our opinion the financial report of Health Voyage Limited has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- (i) giving a true and fair view of the Registered Entity's financial position as at 30 June 2024 and of its financial performance for the year ended; and
- (ii) complying with Australian Accounting Standards to the extent described in Note 2, and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2022*.

#### Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report. We are independent of the Registered Entity in accordance with the auditor independence requirements of the *Australian Charities and Not-for-profits Commission Act 2012* (ACNC Act) and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants (including Independence Standards)* (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Emphasis of Matter - Basis of Accounting

We draw attention to Note 2 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the Registered Entity's financial reporting responsibilities under the ACNC Act. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

#### Responsibilities of Responsible Entities for the Financial Report

The responsible persons of the Registered Entity are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 2 to the financial

report is appropriate to meet the requirements of the ACNC Act and the needs of the members. The responsible entities' responsibility also includes such internal control as the responsible entities determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.




In preparing the financial report, the responsible persons are responsible for assessing the Registered Entity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the responsible entities either intend to liquidate the Registered Entity or to cease operations, or have no realistic alternative but to do so.

### **Auditor's Responsibilities for the Audit of the Financial Report**

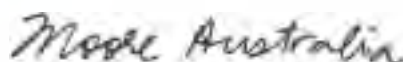
Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

A further description of our responsibilities for the audit of the financial report is located at the Auditing and Assurance Standards Board website at:

[https://www.auasb.gov.au/auditors\\_responsibilities/ar4.pdf](https://www.auasb.gov.au/auditors_responsibilities/ar4.pdf). This description forms part of our auditor's report.



Murray McDonald  
Partner



Moore Australia Audit (QLD/NNSW)  
Chartered Accountants

Brisbane  
24 September 2024



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