

# ACCESSING OUR EPP CLINIC

## ELIGIBILITY CRITERIA

Females and those assigned female at birth who are of reproductive age with any of the following:

- suspected or confirmed endometriosis
- significant pain with periods
- concerning menstrual cycle symptoms

## TIMEFRAME

You can access support through the program for up to 12 months from your start date. As this is a specialised service with limited availability, we encourage you to make the most of the support offered during this time. Please note, you can only access this program once.

## ATTENDANCE

We encourage you to attend all scheduled appointments. If you miss two appointments without notice, you will be discharged from the program to allow access for others.

COFFS HARBOUR  
**Women's Health**  
CENTRE

 **healthvoyage**

Gumbaynggirr Country,  
45-53 Little St  
Coffs Harbour NSW 2450

Phone: (02) 6652 8111  
Phone lines open:  
9am – 4.30pm Mon to Thu  
9am – 3pm Fridays

Email: [whc@healthvoyage.org.au](mailto:whc@healthvoyage.org.au)

Scan for our website:



Coffs Harbour Women's Health Centre



[coffs\\_harbour\\_womens\\_health\\_centre](https://www.instagram.com/coffs_harbour_womens_health_centre)

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An Australian Government Initiative



COFFS HARBOUR  
**Endometriosis  
& Pelvic Pain**  
CLINIC



MULTI-DISCIPLINARY CARE FOR WOMEN  
WITH ENDOMETRIOSIS AND ASSOCIATED  
PELVIC PAIN CONDITIONS.

SUPPORTING YOU TO FEEL HEARD,  
UNDERSTOOD, AND EMPOWERED IN YOUR  
PAIN JOURNEY.

# ABOUT US

Our experienced and knowledgeable team is dedicated to supporting you with a personalised and achievable care plan, designed to help you manage your symptoms and improve your quality of life.

We take a whole-person approach to care, recognising that pain does not just affect physical health and is experienced differently by everyone. Every plan is tailored to you, because no two pain journeys are the same.

We're here to ensure you feel heard, understood, and supported every step of the way.



## YOUR EPP CLINIC JOURNEY

### Intake Questionnaires & Detailed information Required

You will be required to complete our intake questionnaires, which are reviewed by our EPP team. These will help determine your suitability for our program and allow us to better understand you, your journey, and any significant menstrual cycle, endometriosis, or pelvic pain symptoms you may be experiencing.

We will also require detailed information regarding any past treatments and investigations related to your endometriosis or pelvic pain. Please visit our website for a full list of the information required.

### Intake Appointment

Your initial appointment with a EPP clinician will be approx. 45mins. No charge applies. This can be done via face to face or telehealth.

### Your individualised plan

Your care is tailored to you and supported by our multidisciplinary team, with access to education, tools, resources, and group programs. Your team may include:

- Women's Health GP
- Women's Health Nurse
- Women's Health Physiotherapist
- Pelvic Health & Pain Educator
- Women's Health Dietitian



"Going to this clinic was the best thing I have ever done for myself"  
"Finally I am being listened to and given a variety of ways to help with the pain"  
- Anonymous Participants