health voyage



ANNUAL REPORT 2025/26

ACKNOWLEDGEMENT OF COUNTRY

Health Voyage acknowledges and pays respect to the past, present and future Traditional Custodians and Elders of the Bundjalung, Gumbaynggirr and Yaegl nations; the lands and seas on which we deliver services. Through this acknowledgement, we honour the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.

ACKNOWLEDGMENT OF LIVED EXPERIENCE

We acknowledge the importance of lived experience and recognise the wisdom, strength, and expertise of people who have personal experience of health and wellbeing challenges, as well as their families and supporters. We commit to listening to, valuing, and partnering with lived experience voices in everything we do.

ACKNOWLEDGEMENT OF AI

Microsoft 365 Copilot was used in the initial drafting of this document. These outputs were reviewed, verified and amended by Health Voyage staff prior to publication. Health Voyage promotes responsible use of AI in accordance with the Health Voyage Artificial Intelligence Policy.



Artwork: *Nyami's Healing / Nyami's Darrundaygam (Women's Healing)*
Artist: Karly Morris, proud Gumbaynggirr, Dunghutti and Wiradjuri woman

ACKNOWLEDGEMENT OF ARTIST

Nyami's Healing / Nyami's Darrundaygam (Women's Healing)

Health Voyage proudly acknowledges and celebrates the contribution of Karly Morris, a proud local Gumbaynggirr, Dunghutti and Wiradjuri woman, whose artwork Nyami's Healing / Nyami's Darrundaygam (Women's Healing) was commissioned to commemorate 40 years of the Coffs Harbour Women's Health Centre. The mural tells the story of the Centre's journey over four decades, honouring the women, staff, community members and supporters who have shaped its history and impact. Through the use of Gumbaynggirr language, journey and meeting place symbols, and the handprints of staff and community members, the artwork reflects themes of healing, strength, connection, diversity and empowerment.

Karly's work represents more than artistic expression. Created during her own personal healing journey, Nyami's Healing speaks to the resilience of women and the importance of community, culture and belonging. Her artwork has helped create a culturally safe and welcoming environment where women and girls can feel seen, respected and connected.

> **Creating this artwork not only has aided in my journey, it has allowed me to express my emotion and allow me to regain that passion of expressing myself creatively. This artwork is a reminder that everyone is on their own journey, each is different yet so similar. Full of wins and losses. How you hold yourself up during the losses will determine how big your wins are. From me to you, be strong and never give up.**
>
> Karly Morris, Artist of Nyami's Healing / Nyami's Darrundaygam (Women's Healing)

The impact of Karly's contribution extends beyond the mural itself. Through her engagement with young people, including students from Orara High School who visited the Women's Health Centre to learn about the artwork and the services available to women and girls, Karly has helped foster meaningful connections between community, culture, health and wellbeing. This growing partnership has strengthened opportunities for education, confidence-building and community participation for local young women.

Health Voyage gratefully acknowledges Karly Morris for sharing her culture, creativity and lived experience through this significant artwork. Nyami's Healing stands as a lasting symbol of healing, resilience, connection and hope, reflecting both the journey of the Women's Health Centre and the communities it serves.





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HEALTH VOYAGE YEAR IN REVIEW

YEAR IN NUMBERS

19,200

occasions of service to women and young people and their families in our community.

Coffs Harbour Women's Health Centre

8,890
occasions of service

2,246
Health Promotion Groups occasions of service

Endometriosis and Pelvic Pain Clinic

537
occasions of service

165
clients who received a service from the Endometriosis and Pelvic Pain Clinic

headspace Coffs Harbour

3,670
services provided to young people and their families

718
young people received services from headspace Coffs Harbour

48%
of these young people being new to the service

20%
that identify as Aboriginal or Torres Strait Islander

23%
identified as LGBTIQA+

headspace Grafton

2,951
services provided to young people and their families

474
young people received services from headspace Grafton

50%
of these young people being new to the service

23%
that identify as Aboriginal or Torres Strait Islander

24%
identified as LGBTIQA+

headspace Grafton Work and Study Program

930
services provided to young people

35
young people were placed in competitive employment or study through the headspace Grafton Work and Study program

23%
that identify as Aboriginal or Torres Strait Islander

40%
identified as LGBTIQA+

ABOUT US

Health Voyage exists for one reason: to ensure that everyone in our community has access to safe, compassionate and affordable health care - no matter who they are or where they're starting from.

Since 1986, we have been serving the people of the Coffs Harbour region through the Coffs Harbour Women's Health Centre, and more recently through headspace Coffs Harbour, headspace Grafton, the Work and Study Program for the Clarence, and the Endometriosis and Pelvic Pain Program for the North Coast. We operate on Gumbaynggirr, Bundjalung and Yaegl Country, and our commitment to cultural safety is woven into everything we do.

In 2025/26, our community connected with a Health Voyage practitioner or contracted provider more than 19,200 times. As a not-for-profit organisation this is a number we are extremely proud of four decades in, and we're just getting started.



STRATEGIC PLAN 2022-2027

OUR VISION

Healthier People. Stronger Communities.

OUR MISSION

To provide equal access to safe, quality health care services & improve the physical, mental & social wellbeing of vulnerable individuals within our community.

OUR STORY

Health Voyage began as The Coffs Harbour Women's Health Centre; a service developed by local women concerned about unmet health needs, & delivered for & by women since 1986. Over the years the organisation has evolved & grown as new challenges & opportunities have arisen. Health Voyage is now a multi-disciplinary organisation providing evidence based clinical, health promotion & allied health services for those at risk in the community.

OUR SERVICES

Health Voyage has a range of multi-disciplinary services providing care to women, girls, young people & their families throughout the New South Wales North Coast.

Our services are supported by a corporate team, ensuring quality, compliance, efficiency & effectiveness in all that we do.

OUR VALUES

At Health Voyage we hold five core values which are at the heart of everything we do. These values are communicated to all stakeholders so that our corporate values can be shared & to ensure that they align with the personal values of those people who seek our services, community members, partners, Directors & staff members.

ETHICAL
INTEGRITY
RESPECT
DIVERSITY
COMPASSION

OBJECTIVES AND STRATEGIES

Objective

COMMUNITY ACCESS

Outcome: All community members have access to safe & affordable health care.

Strategies:

- ***Safe***
  Our organisation & our services are culturally & physically safe
- ***Accessible***
  Our services are planned, designed & operated to enhance access to care
- ***Affordable***
  People who seek our services can do so without consideration of affordability as a barrier to seeking & obtaining health care

Objective

FINANCIAL VIABILITY

Outcome: Financially viable organisation that is sustainable, self-managing & self-governing.

Strategies:

- ***Ethical***
  Ethical decision-making occurs across our organisation to enhance financial stewardship & for the efficient use of resources aligned to values, vision & mission
- ***Systems & processes***
  Governance & operational systems, business & accounting processes & organisational tools maximise efficiency, effectiveness & economic strength

Objective

LOYAL STAFF & STAKEHOLDERS

Outcome: Loyal, qualified & competent professionals, Directors, & volunteers.

Strategies:

- ***Quality***
  We attract & retain the highest quality staff & health care professionals
- ***Investment***
  We invest in our staff, contractors, Directors & volunteers

Objective

COLLABORATIVE HOLISTIC SERVICES

Outcome: Holistic service delivery in collaboration with other complementary service providers.

Strategies:

- ***Person-lead***
  People who access our services & their family & friends are the primary stakeholder in their own journey. We undertake our services 'with' each person, not 'for' them
- ***Inclusive & Diverse***
  We embrace opportunities to work with diverse community members & stakeholders

Objective

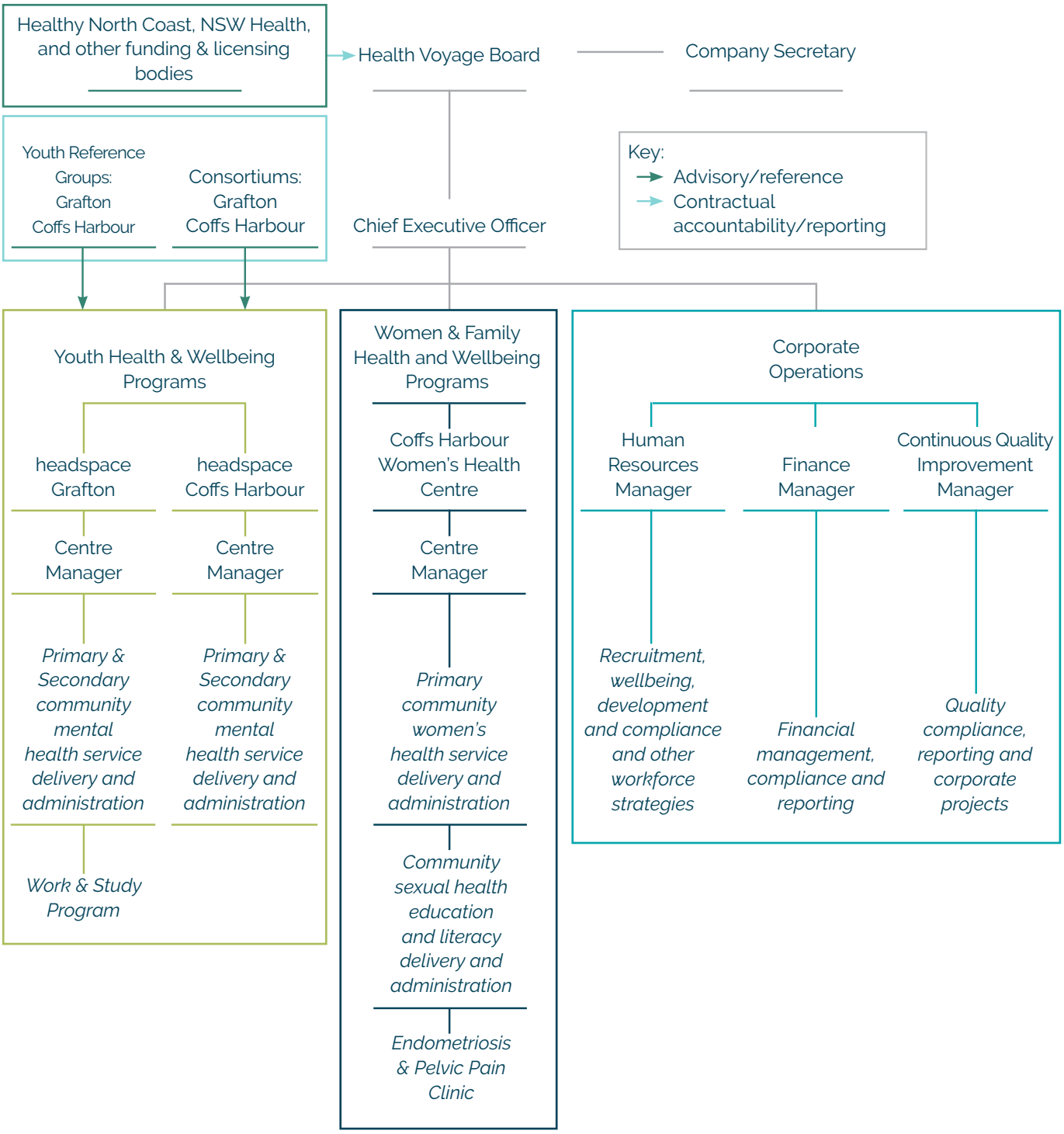
CAPABILITY & CAPACITY

Outcome: Program delivery that is innovative, effective & capable of meeting current & future demands

Strategies:

- ***Innovators***
  We keep abreast of advances in business & healthcare & look to adopt proven innovations as early as possible
- ***Evidenced-informed***
  Our service delivery is continuously revised & informed by existing & emerging evidence
- ***Forward Thinking***
  Our organisation seeks to be informed by community needs & feedback to plan for the future

HEALTH VOYAGE ORGANISATIONAL CHART



Note: Does not include co-located partner services within any of the programs, or private practitioners/contractors.

Time and again I see managers providing practical supports to staff to maintain their life/work balance. Actively seeking input in decision making to ensure diverse, inclusive views are considered.

Feedback from staff member, *Health Voyage Values Survey*





CHAIR'S MESSAGE

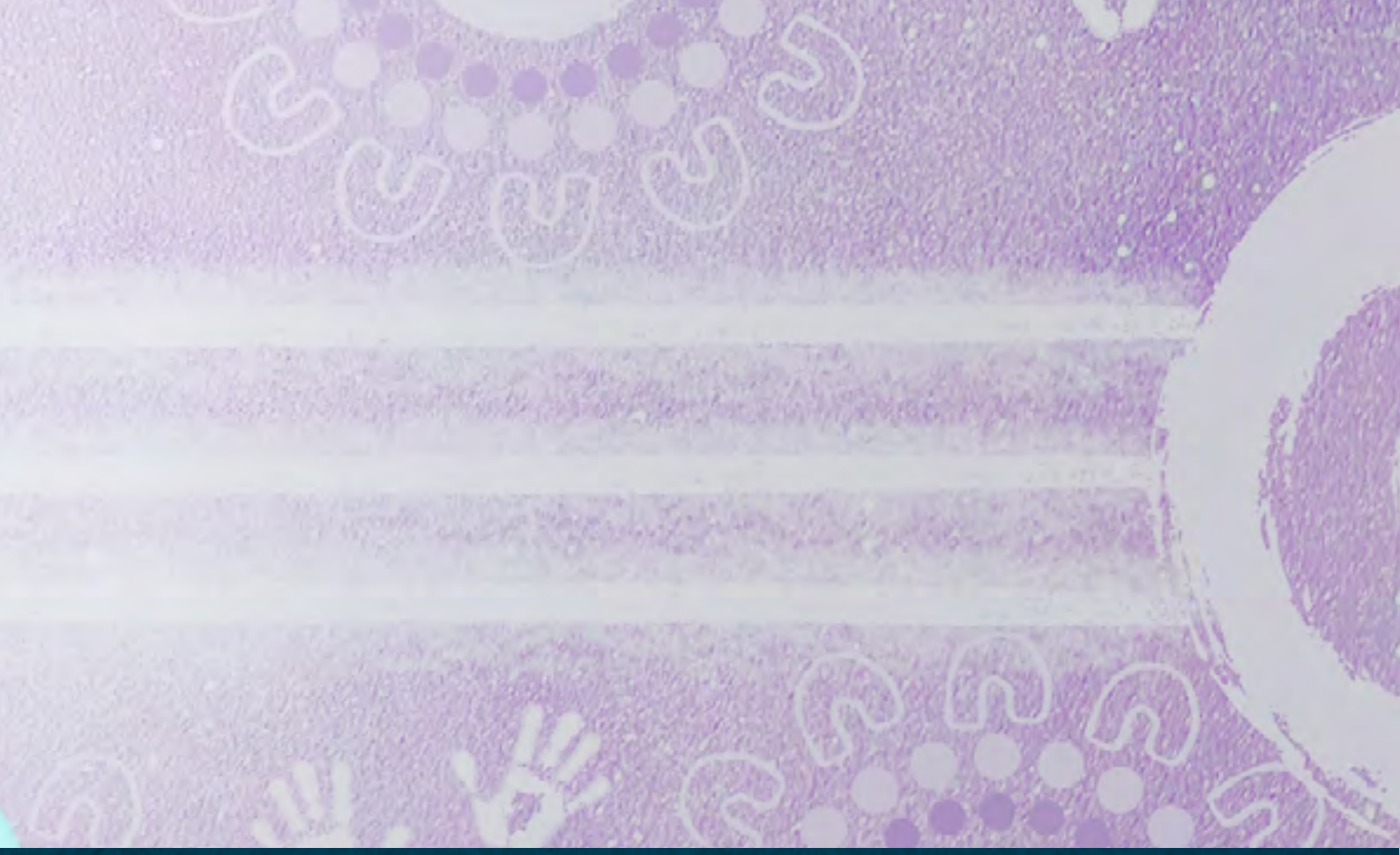
GLEN JAMES, CHAIRPERSON

It is my pleasure to present the Health Voyage Annual Report for 2025–2026, a year that has reflected continued growth, innovation and a strong commitment to improving health outcomes for the communities we serve. This year has been particularly significant as Health Voyage marks **40 years of Women's Health in Coffs Harbour**. With records indicating our origins in March 1986, we are proud to recognise this important milestone and celebrate the contribution Health Voyage has made to individuals, families and communities over four decades.

While our anniversary celebrations will continue throughout the coming year, this milestone provides an opportunity to reflect on our proud history while looking confidently towards the future.

There have been many highlights throughout 2025/2026. headspace Coffs Harbour was recognised with the *Community Canopy Award* at the headspace Growing Together Forum 2026. This award, voted on by peers from across the national headspace network, acknowledged the impact of the Gaali Maam program, including its culturally grounded approach to supporting girls aged 12 to 17, strengthening connection and confidence, and creating culturally safe pathways to mental health support.

Our investment in our headspace facilities, through funding provided by Healthy North Coast, has also been a significant achievement. The headspace Grafton refurbishment has created a contemporary, welcoming and fit for purpose environment for young people and staff. In Coffs Harbour, improvements to the headspace reception area have created a more welcoming and professional first point of contact for young people, families and visitors. Together, these upgrades ensure our facilities continue to meet the changing needs of the communities we serve.



Health promotion and community engagement have remained an important part of Health Voyage's work. During the year our Women's Health and headspace teams continued to deliver community information, education and engagement activities. These initiatives strengthen awareness of health and wellbeing and help connect people with appropriate services and support.

The Board has maintained a strong focus on clinical quality, governance, patient safety, risk management and continuous improvement. At the same time, Health Voyage has continued to invest in our people and organisational capability, recognising that our dedicated workforce is fundamental to delivering high quality, person centred services.

I acknowledge and thank our CEO, Tazmyn Jewell, for her outstanding leadership, along with her Executive Team and all Health Voyage staff for their professionalism, commitment and dedication throughout the year.

I extend my sincere thanks to my fellow Board members, their strategic leadership, considered challenge and stewardship have been instrumental in ensuring strong governance, sound decision making and the long term sustainability of Health Voyage. The commitment of our Board is a significant strength of the organisation and reflects our shared responsibility to protect and build on the important legacy of Health Voyage.

As we celebrate 40 years, we can be proud of the foundations upon which Health Voyage has been built. More importantly, we must continue to evolve and respond to the changing needs of the communities we serve. The year ahead provides an exciting opportunity to build on our achievements, strengthen our services and embrace new opportunities for innovation and growth.

Health Voyage has a proud 40 year history and an equally exciting future.



CEO'S MESSAGE

TAZMYN JEWELL, CHIEF EXECUTIVE OFFICER

> Forty years on from the first day the Women's Health Centre opened its doors, our teams continue to meet growing demand with the same conviction that started it all - that everyone deserves care that is safe, respectful and close to home.

This year marked a significant milestone for our organisation as the Coffs Harbour Women's Health Centre celebrated 40 years of continuous service to the community. Reaching four decades is no small achievement. It reflects the commitment of generations of staff, volunteers, Directors and community supporters who have continued to show up, advocate and care.

This year our teams have responded to increasing demand and complexity while maintaining high-quality, person-centred care. I am continually inspired by the skill, compassion and dedication our staff bring to their work every day.

A personal highlight was my appointment to the Women's Health NSW Board, providing an opportunity to contribute to statewide advocacy and bring a regional perspective to discussions about the future of women's health.

Strengthening Our Foundations

Throughout the year, we continued to strengthen our clinical and cultural governance systems, quality frameworks and workplace health and safety practices. Supporting staff wellbeing and leadership development remained a priority, alongside significant progress in cultural governance.

A major achievement was the development and Board endorsement of our first Innovate Reconciliation Action Plan, prepared in partnership with our communities and submitted to Reconciliation Australia. This work reflects our commitment to meaningful reconciliation and culturally safe services.

Delivering Impact Through Partnerships

Partnerships remain central to achieving our mission. Working alongside government, community organisations and sector partners, we have continued to address barriers to health care, improve service accessibility and strengthen community wellbeing.

Enhanced funding for Women's Health Centres across NSW enabled us to expand clinical capacity, reduce wait times and improve access to specialist services. Through our partnership with the Mid North Coast Local Health District, local colposcopy capacity increased by approximately 40 per cent, allowing more women to access care closer to home.

We were also pleased to secure a Cancer Institute NSW grant to improve cervical screening participation among refugee women in the Coffs Harbour region through culturally responsive education and no-gap screening services.

Supporting Young People

Our headspace centres continued to make a significant impact across the region.

At headspace Grafton, programs such as Building Cultural Capacity and Single Session Thinking strengthened culturally responsive engagement and early access to support. At headspace Coffs Harbour, the Demand Management and Enhancement Program continued to improve access to youth mental health services while maintaining free access to GP and psychiatry appointments for young people.

Our Work and Study Program in the Clarence Valley also continued to support young people to achieve positive education and employment outcomes alongside their mental health recovery.

Recognition and Quality

It has been a year in which the wider community recognised the contribution of our people and services. Catherine Frost, our Continuous Quality Improvement Manager and Company Secretary, received the Rotary Club of Coffs Harbour Pride of Workmanship Award, recognising her leadership in governance, quality and organisational excellence. Janene Chitts was nominated for the Community Development Award at the Yandaarra Aunty Grace Roberts Community Awards, reflecting her contribution to strengthening relationships and partnerships across Gumbaynggirr, Bundjalung and Yaegl Nations.

Health Voyage was also proud to be recognised through the Healthy North Coast Awards for Excellence in Primary Healthcare. Women's Health Centre Manager ***Julie Chakos*** was a finalist in the ***Excellence in Practice Management Achievement Award***, recognising her leadership in expanding inclusive and culturally safe women's health services. Women's Health Nurse ***Berry Jones*** was a finalist in the ***Excellence in Nursing Achievement Award***, honouring more than 35 years of dedicated service delivering outreach clinics and trusted care for vulnerable women. ***Bianca Monaghan*** was recognised as a finalist in the ***Excellence in Delivery of Aboriginal and Torres Strait Islander Health Award*** for the Big Uncles Club and strengthening culturally safe support for Aboriginal young people. Health Voyage was also a finalist in the ***Excellence in Innovation Award***, led by Heidi Mortiner for our interdisciplinary Endometriosis and Pelvic Pain Program, which has improved access to specialist care through integrated no-gap allied health services and innovative models of care. I was honoured to be recognised as a finalist in the Outstanding Leadership in Psychosocial Safety Awards. Together, these acknowledgements reflect the commitment, expertise and innovation of our people and the positive impact they create across our communities every day.

Across the organisation, we maintained our commitment to quality and safety, continuing compliance with RACGP Standards while progressing accreditation requirements under the National Safety and Quality Mental Health Standards for Community Managed Organisations and the headspace Model Integrity Framework.

We also continued our investment in the future workforce through student placements and clinical learning opportunities, helping build health workforce capacity across our region.

Looking Ahead

As we look ahead, we recognise the challenges facing the health sector, including workforce shortages, funding pressures and growing community need. We also see significant opportunities to innovate, strengthen partnerships and continue advancing health equity across our communities.

Thank You

I thank our amazing Chairperson Glen James and the Health Voyage Board of Directors for their leadership and stewardship, our Executive Leadership Team, Corporate Team, staff and volunteers for their dedication, and our partners and community members for their ongoing trust and support.

I would like to acknowledge Julie Chakos, whose contribution to the Women's Health Centre and Health Voyage has been extraordinary as she moves into retirement. We were pleased to welcome Sharna Waugh to lead headspace Coffs Harbour and Attie Feitsma as Women's Health Centre Manager, ensuring our services remain in capable hands for the future.

Forty years of service is not built by any one person or any one year. It is built by people who remain committed to their community, year after year. It is a privilege to lead Health Voyage as we continue working together to create healthier futures for our region.

HEALTH VOYAGE BOARD OF DIRECTORS

OUR DIRECTORS

Glen James, *Chairperson*
Natalie Ryan, *Deputy Chairperson*
Carol Burfoot
Patti Andrews
Vigeeta Chauhan
Dr Raymond Silins
Lisa Flynn

Number of meetings held in 2025/26: 8

BOARD SUB-COMMITTEES

Finance Audit & Risk Management Committee

Natalie Ryan, *Committee Chair*
Carol Burfoot
Glen James
Patti Andrews, (*from 27 January 2026)*
Tazmyn Jewell, *Health Voyage CEO*
Sally Donnelly, *Health Voyage Finance Manager*

Number of meetings held in 2025/26: 5

Governance Committee

Lisa Flynn, *Committee Chair*
Vigeeta Chauhan
Glen James
Dr Raymond Silins
Tazmyn Jewell, *Health Voyage CEO*

Number of meetings held in 2025/26: 4

To the beautiful ladies at the front desk, it has been a pleasure getting to know each and every one of you. I can't describe how grateful I to the whole team for always being so welcoming and lovely. You have all saved my life. I couldn't have done it without you and all the support. Thank you.

Client, Women's Health Centre



HEALTH VOYAGE GOVERNANCE

Throughout 2025/26, Health Voyage continued to strengthen its governance systems to support safe, high-quality and culturally responsive care. Key achievements included the enhancement of our Clinical Governance, Cultural Governance, Quality and Compliance, and Risk Management frameworks, alongside continued investment in leadership development, workforce capability and organisational systems improvement.

Our commitment to continuous improvement was reflected through accreditation activities, quality improvement initiatives and strengthened organisational oversight. These investments ensure we remain accountable, resilient and well-positioned to meet the evolving needs of our communities while delivering services that are safe, effective and person-centred.

CLINICAL QUALITY AND SAFETY

Clinical quality and safety remained a core priority for Health Voyage throughout 2025/26. The Clinical Governance Committee continued to provide oversight and advice to the Board and CEO on clinical safety, risk, incidents, quality, scope of practice, continuous quality improvement, innovation and best practice.

This year, the Committee supported services through accreditation, model integrity and quality assurance activity, including hMIF preparation and accreditation processes across headspace Coffs Harbour and headspace Grafton, and ongoing quality preparation at the Women's Health Centre. We also strengthened key systems and procedures, including Incident Management, Feedback and Complaints, Open Disclosure, Risk Management, Compliance and Assurance, and Document Control, supporting transparency, organisational learning and continuous improvement.

We thank Dr Helena Johnston, Co-Chair of the Clinical Governance Committee, for her leadership, clinical expertise and ongoing contribution to strengthening safe, high-quality and person-centred care across Health Voyage.

Number of Clinical Governance Committee meetings held in 2025/26: 4

CULTURAL GOVERNANCE

Cultural governance is a key priority for Health Voyage and is central to our commitment to delivering culturally safe, inclusive and responsive services for the diverse communities we serve. Throughout 2025/26, we continued to strengthen Aboriginal and Torres Strait Islander representation, participation and influence across organisational decision-making, workforce development and service delivery.

A significant milestone this year was the progression of Health Voyage's Innovate Reconciliation Action Plan (RAP). Led by our RAP Working Group, which is predominantly comprised of Aboriginal staff members, extensive consultation was undertaken with staff, community members and stakeholders. By the end of the reporting period, community consultations had been completed and the first draft of the RAP was being prepared for feedback from Reconciliation Australia. This important work will guide our reconciliation journey and strengthen accountability across the organisation.

We also progressed development of the Aboriginal and Torres Strait Islander Employment Strategy, creating a pathway to increase Aboriginal employment opportunities and representation across

Health Voyage. This work has already progressed to discussions regarding future Aboriginal identified positions, helping ensure our workforce better reflects the communities we serve.

During the year, Health Voyage strengthened relationships with key Aboriginal organisations and community leaders, including ongoing collaboration with Galambila Aboriginal Health Service, schools, Elders and other community stakeholders. These partnerships continue to enhance pathways into care, support service design and create opportunities for future collaboration.

A key achievement was the implementation of the Building Cultural Capacity Program at headspace Grafton. A special mention to Bianca Monaghan, Social and Emotional Wellbeing (SEWB) Worker, for her work in developing the program to enhance culturally safe pathways for Aboriginal young people through initiatives such as the Big Uncles men's group, Tiddas program, school engagement activities and culturally grounded community outreach. The program also strengthened staff cultural capability through training, reflective practice and the integration of Social and Emotional Wellbeing approaches into service delivery.

Across our services, we continued to create culturally welcoming environments through Aboriginal artwork, Nation maps, murals, cultural events and visible acknowledgements of Country. During National Reconciliation Week and NAIDOC Week, staff, Directors and young people came together to celebrate culture, learn from local Elders and strengthen relationships through shared cultural experiences.

A further highlight was the growing relationship between headspace Coffs Harbour and the Giingana Gumbaynggirr Freedom School, which resulted in the delivery of a mental health and resilience-building program for young women during Terms 1 and 2 of 2026. This partnership demonstrates how culturally grounded programs can strengthen wellbeing, connection and help-seeking among young people.

We also extend our sincere thanks to Janene Chitts, Partnerships and Cultural Engagement Officer, whose commitment has been instrumental in advancing cultural governance across Health Voyage. Janene has played a key role in progressing our RAP, supporting the Aboriginal Employment Strategy, strengthening community partnerships and creating opportunities for cultural learning across the organisation.

Looking ahead, we are excited to finalise and implement our Innovate RAP, continue progressing actions under the Aboriginal and Torres Strait Islander Employment Strategy, expand cultural capability initiatives and strengthen partnerships with Aboriginal Community Controlled Organisations, Elders and community leaders. Through this work, we remain committed to embedding reconciliation, cultural safety and self-determination throughout Health Voyage and ensuring Aboriginal and Torres Strait Islander voices continue to help shape our future.

Number of Cultural Governance Committee meetings held in 2025/26: 4

SERVICE ACCREDITATION AND MODEL INTEGRITY

During 2025/2026, Health Voyage continued to strengthen its quality, safety and governance systems, positioning the organisation for accreditation against the National Safety and Quality Mental Health Standards for Community Managed Organisations (NSQMHCMO). Significant work was undertaken to review, update and implement key governance frameworks. Health Voyage formally commenced the NSQMHCMO accreditation pathway during the year, completing registration and readiness activities to support future assessment.

Health Voyage also continued to embed model integrity across its headspace services through implementation of the headspace Model Integrity Framework (hMIF). Throughout the year, headspace Coffs Harbour and headspace Grafton undertook extensive self-assessment, evidence collection, governance review and quality improvement activities in preparation for hMIF submissions completed in late FY2026 and early FY2027. This process provided valuable opportunities to recognise service strengths, identify areas for improvement and further embed consistent, high-quality and evidence-informed care for young people and their families.

Health Voyage maintained fidelity to the Individual Placement and Support (IPS) model through the headspace Grafton Work and Study service. Fidelity monitoring, action planning and workforce development activities supported continuous improvement, with headspace Grafton achieving an improved IPS fidelity rating compared with the previous assessment and demonstrating strong alignment with the evidence-based IPS model.

Coffs Harbour Women's Health Centre maintained its RACGP accreditation, achieved in April 2025 and current until 30 June 2028, demonstrating ongoing compliance with the RACGP Standards for General Practices (5th Edition) and continued commitment to safe, high-quality primary health care.

HEALTH VOYAGE PROGRAMS

WOMEN'S AND FAMILY SERVICES

COFFS HARBOUR WOMEN'S HEALTH CENTRE

Year in review and key achievements

Women's Health Centre Year in Review 2025–2026

This year marked a significant milestone for the Coffs Harbour Women's Health Centre as we celebrated 40 years of supporting women across the Mid North Coast. Throughout 2025/2026, the Centre delivered 8,890 occasions of service, including 2,246 health promotion occasions, reflecting our commitment to accessible healthcare, health education and community connection. As community needs continued to evolve, our focus remained on improving access to care, strengthening partnerships and ensuring women feel supported at every stage of life.

Health Support and Outreach

Access to healthcare remained at the heart of our work. We continued to provide outreach clinics across the region and regular women's health nurse visits to Pete's Place, supporting women experiencing homelessness to access healthcare and support services. This year also saw the introduction of iron infusion clinics and the acquisition of an ultrasound machine, enhancing care for women accessing pregnancy and women's health services. We further strengthened our partnership with the Mid North Coast Local Health District, first by providing nursing support to the Colposcopy Clinic and later welcoming a specialist Menopause Nurse to expand local menopause and perimenopause services.

Education and Community Engagement

Health promotion remained a cornerstone of our work. Staff delivered education sessions on sexual and reproductive health, menopause, pregnancy care and healthy relationships, including presentations



during Women's Health Week, sessions at Bellingen High School, and workshops for parents on talking about sex and safety with their children. Women's Health Week brought together community members, health professionals and local organisations through a range of highly successful events.

Supporting Refugee and Multicultural Communities

We continued to strengthen culturally responsive services through partnerships with Farsi-speaking refugee women, the STARTTS Yazidi Women's Group, and the North Coast Settlement Services Burmese Women's Group. A dedicated morning tea for Yazidi and Burmese women launched multilingual client information videos, helping women better understand available services and how to access support.

Connection, Wellbeing and Community Support

Weekly wellbeing programs including Chair Yoga, Sound Healing, Zumba, Pelvic Floor Strengthening, Fun and Fitness and Mum & Bubs Rebalance provided opportunities for women to improve their wellbeing while building social connection. This year, we introduced physiotherapist-led groups, including 50+ Core and Pelvic Floor and Mum and Bubs Rebalance. Both have been popular and have been a valuable addition to our community offerings.

The Centre also proudly supported the Happymess Pregnancy and Infant Loss Support Group, creating a safe and compassionate space for women experiencing grief and isolation following pregnancy or infant loss.

Celebrating 40 Years of Women's Health

A highlight of the year was the Walk for Women's Health, which brought together approximately 70 community members, staff, partners and local leaders to celebrate the Centre's 40th anniversary and recognise its longstanding contribution to women's health in the region. The celebrations also included the creation of a special artwork by local Gumbaynggirr artist Karly Morris, installed on a feature wall within the Centre. The artwork was completed with handprints from staff and patients creating a lasting visual representation of connection, community, culture and the many people who have contributed to the Centre's legacy over the past four decades. The piece now serves as a meaningful reminder of our shared commitment to supporting the health and wellbeing of women across the Mid North Coast.

Looking Ahead

The achievements of this year reflect the dedication of our staff, volunteers and partners, and the resilience of the women we serve. While we farewelled a highly valued Centre Manager and welcomed new leadership, our vision and commitment remain unchanged. We will continue to advocate for women, strengthen community connections and deliver accessible, high-quality, woman-centred care across our region.

Attie Feitsma, Centre Manager and
Jen Williams, Health Promotions Manager



HEALTH VOYAGE PROGRAMS

WOMEN'S AND FAMILY SERVICES

ENDOMETRIOSIS AND PELVIC PAIN CLINIC

Year in review and key achievements

The Endometriosis and Pelvic Pain (EPP) Clinic continued to strengthen its reputation as a leading multidisciplinary service, providing evidence-based assessment, treatment, education and support for women experiencing endometriosis and persistent pelvic pain. Throughout the year, the clinic focused on improving access to care, enhancing community awareness and expanding partnerships to support better health outcomes for women across the region.

Highlights included the delivery of community education events in Grafton and partnership-based education activities with schools, Aboriginal organisations and community groups to improve awareness of endometriosis and pelvic pain and support earlier access to care. The service also strengthened collaborations with Healthy North Coast, local health providers and community organisations, with the clinic recognised as a preferred site during a Healthy North Coast evaluation of high-value partnership models.

The clinic received significant external recognition during the year. The EPP program was showcased during visits from Healthy North Coast representatives, evaluation experts and Assistant Minister Emma McBride, who expressed strong interest in the service model and patient outcomes. Funding for the clinic was also confirmed for a further two years, providing an important platform for continued service growth and sustainability.

A number of service improvements were implemented, including the development of a new EPP brand identity, enhanced patient intake processes through electronic forms with translation functionality, and a strategic planning day to identify priorities for future growth. The clinic also shared its model of care with other Women's Health Centres, hosting a site visit from the Central Coast Women's Health Centre as they established their own EPP service.

Through ongoing innovation, collaboration and patient-centred care, the EPP Clinic continues to play a vital role in improving access to specialised pelvic pain and endometriosis care for women across the Mid North Coast.

Heidi Mortimer, EPP Program Manager

Highlight was the initial pain consult - learning about nociceptors and how pain is not actually felt there, and that it's not something I have control over- but awareness and listing my personal DIMS and SIMS showed me where load could be lightened to alleviate stress on my nervous system. Game changer!

Endometriosis and Pelvic Pain Clinic Client Feedback



HEALTH VOYAGE PROGRAMS

YOUTH HEALTH

headspace GRAFTON

Year in review and key achievements

During 2025/26, headspace Grafton continued to strengthen service delivery, community partnerships and quality improvement activities across the Clarence Valley. A significant achievement was the establishment of a new outreach activity location in Yamba with a continued weekly presence at the Maclean outreach activity, increasing accessibility for young people in the Lower Clarence and reducing barriers associated with travel to Grafton. The service also strengthened referral pathways and collaboration with schools, health providers, community organisations and government agencies, supporting earlier intervention and improved access to care across the region. Young people continued to actively shape service delivery through the Youth Reference Group, participation in service feedback activities and involvement in planning key events and centre initiatives.

The service delivered a range of quality improvement initiatives focused on service accessibility, cultural safety and multidisciplinary collaboration. New Aboriginal Nations artwork was installed throughout the centre, creating a more welcoming and culturally safe environment for Aboriginal and Torres Strait Islander young people and families. Staff also participated in cultural reflection activities and the service strengthened pathways supporting engagement with Aboriginal and Torres Strait Islander communities. Efforts to embed youth voice and lived experience in service design continued through consultation activities, peer workforce leadership and ongoing review of service accessibility and responsiveness.

The headspace Work and Study program achieved a major milestone by attaining a "Good" IPS Fidelity Rating of 112/125, demonstrating sustained improvement and high-quality delivery of evidence-based vocational support. The program expanded engagement with schools, employers, Centrelink and education providers while supporting young people to pursue education, training and employment goals. Despite ongoing workforce and regional service challenges, headspace Grafton maintained service continuity, expanded its local footprint through Yamba outreach activity, strengthened key partnerships and continued to deliver responsive, youth-centred care across the region.

Dan Griffin, Centre Manager

> **I have been a client of headspace Grafton for a few years now and since adding 'quick connect' (Single Session Therapy) it has been far easier to see a clinician. It has helped work around my busy work and life schedule... It has put my mind at ease knowing there is aways an opportunity to see someone if necessary.**
>
> Young person, headspace Grafton

headspace COFFS HARBOUR

Year in review and key achievements

The 2025/26 year has been one of growth, innovation and partnership for headspace Coffs Harbour as we continued our commitment to supporting the mental health and wellbeing of young people across the Coffs Coast.

Throughout the year, we welcomed a new Centre Manager and Clinical Lead, while maintaining our focus on strengthening access, inclusion and service quality. Significant work was undertaken to increase cultural responsiveness, including participation in culturally responsive practice initiatives, ongoing Cultural Safety training, and the development of stronger partnerships with Aboriginal community organisations. These initiatives support our goal of ensuring all young people feel safe, respected and welcome when accessing support.

Youth participation remained central to our service delivery. Our Young Leaders Council played an important role in shaping service improvements, including contributing to the redesign of our reception area to create a more welcoming and accessible environment for young people and families. The refurbishment was completed during the year and has significantly improved the experience of accessing our centre.

We also achieved measurable improvements in service engagement. Through a review of our appointment reminder processes and collaboration with young people, we implemented changes that contributed to a reduction in missed appointments, helping more young people access timely support.

Community connection remained a priority, with the team actively participating in local events, school engagement activities, consortium meetings, and partnerships aimed at improving mental health literacy and strengthening referral pathways across the region. Together, these achievements reflect our commitment to delivering accessible, youth-friendly and responsive mental health services for the young people of our community.

Sharna Waugh, Centre Manager



OUR PEOPLE ARE OUR GREATEST STRENGTH

MEG SMEALIE, HUMAN RESOURCES MANAGER

Our People, Culture and Capability

At Health Voyage, our people are at the heart of everything we do. Over the past 12 months, we have continued to invest in creating a workplace where employees feel valued, supported and empowered to grow. While the year brought organisational change, evolving service demands and increasing governance requirements, our focus remained firmly on strengthening employee experience, building workforce capability, supporting wellbeing and ensuring Health Voyage continues to be an employer of choice across the communities we serve.

Workforce Snapshot as at 30 June 2026

Health Voyage maintained a stable workforce of 71 employees, representing 38.56 full-time equivalent (FTE) positions. Staff identifying as female comprised 93% of our workforce.

For the 12-month period from 1 May 2025 to 1 May 2026, our employee retention rate was 76.25%. This is consistent with retention rates typically experienced by regional community-based organisations of a similar size and reflects a year of organisational change and transition while maintaining workforce stability.



A Workplace Our People are Proud Of

A significant milestone this year was Health Voyage achieving Great Workplace Accreditation in December 2025. Through an independent workplace assessment process, Health Voyage achieved an Employee Engagement score of 88% and an exceptional Culture Insight score of 96%, reflecting strong alignment between our organisational values, workplace practices and employee experience. Accreditation is valid through to 2029 and provides independent recognition of the strong workplace culture Health Voyage has intentionally built and continues to strengthen.

Importantly, staff feedback continues to shape our priorities. Throughout the year we reviewed survey results, identified opportunities for improvement and translated feedback into practical actions designed to strengthen recruitment, retention, communication, wellbeing and career development.

Developing Future Leaders

Following the launch of the Health Voyage Leadership Training Program in the previous financial year, a key priority during 2025/26 was to continue strengthening leadership capability across the organisation.

Current and emerging leaders were provided with opportunities to further develop their management, communication and leadership skills through targeted training and development activities. The program represents an important investment in future organisational capability and succession planning.

Investing in Wellbeing and Psychosocial Safety

Health Voyage strengthened its commitment to psychological safety, staff wellbeing and proactive risk management through several initiatives during the year. These included increasing onsite yoga sessions at our Coffs Harbour premises, participation in the iCare Psychosocial Risk Bootcamp, planning for structured wellbeing days across services and the development of quarterly wellbeing-focused check-ins. Psychosocial risks continue to be actively monitored through our organisational risk management framework, supporting early identification of emerging risks and enabling leaders to implement proactive risk controls and staff support measures.These initiatives complement our broader approach to workplace health and safety, recognising that employee wellbeing directly contributes to engagement, retention, service quality and organisational success.

Looking Ahead

We are proud of the progress made in strengthening employee experience, leadership development, wellbeing, workforce systems and organisational culture. We recognise that these achievements would not be possible without the dedication, expertise and passion of our employees.

Our people remain our greatest strength, and we thank every member of the Health Voyage team for the contribution they make each day to improving the health and wellbeing of the communities we serve.

STRONG FOUNDATIONS, LASTING IMPACT

SALLY DONNELLY, FINANCE MANAGER

Behind every service delivered, every young person supported and every woman accessing care is a strong financial and operational foundation. It allows our clinicians, health professionals and support teams to focus on what matters most: providing safe, responsive and compassionate care.

Throughout 2025/26, Health Voyage combined careful financial management with a continued commitment to the communities we serve. The funding and resources entrusted to us carry an important responsibility. Whether received through government funding, partnerships, Medicare revenue, donors or community support, those resources must be managed with transparency, integrity and purpose.

Health Voyage closed the financial year in a stable position, supported by careful planning and a focus on long-term financial sustainability. This financial stability helps us support our workforce, strengthen the systems underpinning our services and remain ready to respond to changing community needs.

Building for the Future

Financial stability matters most because of what it makes possible.

During 2025/26, Health Voyage continued to strengthen the systems and processes supporting efficient, accountable service delivery. Improvements to governance, financial management and operational systems aimed to reduce administrative burden, strengthen organisational capability and help our teams work effectively.

Health Voyage embedded its Compliance Framework, completed a full insurance market review and implemented a Board-approved Term Deposit Management Strategy, establishing a more structured approach to managing surplus funds while maintaining appropriate liquidity and risk controls. Health Voyage also carefully assessed potential growth opportunities against community need, financial sustainability and organisational values.

Looking Ahead

As we move into 2026/27, Health Voyage remains focused on using its resources responsibly while pursuing a compassionate and purposeful vision for the future.

I would like to thank the Board of Directors, the Finance Audit and Risk Management Committee, the Executive Leadership Team, managers and staff for their shared commitment to strong governance and responsible management throughout the year.

Shout out to everyone who has listened, shown understanding, assessed, communicated with, encouraged and helped my young fella over the years in small and big ways. Nothing has gone unnoticed and I appreciate you all and everything so much.

Parent, to headspace Coffs Harbour



THANK YOU

2025/26 FUNDING AND GRANT PARTNERS

Department of Health, Disability and Ageing through the Healthy North Coast Primary Health Network

Funding for headspace Coffs Harbour and headspace Grafton, Demand Management Wait Time Reduction and Building Cultural Capacity

Endometriosis and Pelvic Pain Clinic, CHWHC

The Cervical Screening project was conducted with the support of the Cancer Institute NSW funded by the Australian Government.

headspace National

Funding for headspace Grafton and Coffs Harbour GP Boost, headspace Grafton and headspace Coffs Harbour Student Placements, headspace Early Career Program.

IPS/headspace Work and Study Program Grafton

Women's Health Centre Resources

(From the NSW Ministry of Health)

Funding for the Coffs Harbour Women's Health Centre

Women's Health Centre Projects

Department of Regional NSW – Office of Regional Youth

Youth Events

Health Voyage also generates funding through Medicare (Commonwealth Government).

We also acknowledge donations received from the community, including from anonymous donors.

COMMUNITY PARTNERS

Health Voyage acknowledges our community partnerships and Consortium Members

Ability Options
All One Under the Sun
Anglicare
APM*
Becoming U Project (Toormina)
Bellingen Youth Hub
Blue Sky Community Services/Blue Sky Youth & Family Services*
Bongil Bongil Youth Collective
Bulgarr Ngaru Medical Aboriginal Corporation
Cancer Council NSW
Cancer Institute NSW
Charles Sturt University
CHAI Coffs Harbour Aboriginal Interagency Meetings
Clarence Valley Council^
Coffs Harbour City Council
Coffs Harbour & District Local Aboriginal Land Council
Coffs Harbour Older Women's Network
Galambila AMS
Giingana Gumbaynggirr Freedom School
Grow the Music
Gumbaynggirr Women's Health & Wellbeing Group
Gurehlgam Corporation
Griffith University
Happymess (Art Therapy) Studio (support for grieving mothers)
Happy Boxes Project
Harbour Therapy Clinic
Healthy Communities Mid North Coast
Healthy North Coast
headspace National
Interrelate*
Jaanymili Bawrrungga Aboriginal Corporation
Lifeline North Coast
Lives Lived Well (Resilient Kids)
Lovebites school education sessions
Mid North Coast LHD Alcohol and Other Drugs Services*
Mid North Coast LHD Colposcopy Clinic
Mid North Coast LHD Health Promotion
Mid North Coast LHD Mental Health Services
Mid North Coast LHD Refugee Services
Mid North Coast LHD Women's Health and Wellbeing
Mission Australia*
Momentum Collective^
Mudyala Aboriginal Corporation*
NASCA Orara High School
New School of Arts Neighbourhood House
North Coast Settlement Services - Burmese Women's Group
Northern NSW LHD Mental Health Services^
NSW Department of Education^
Nyami Gawbarri - Women's Wellbeing groups
OneMob Radio
Open Minds* - Member of headspace Coffs
Pete's Place – St Vincent de Paul Society
Pink Silks Trust
Professional Coaching Solutions
Psychosocial Safety and Leadership Institute
Reflective Psychology
Saltwater Freshwater Aboriginal Art & Wellbeing
Services Australia / Centrelink*
ShoreTrack – Macksville
Southern Cross University*
SSI
STARTTS Yazidi Women's and Intercultural Women's Groups
The Buttery*^
The Schwinghammer Foundation
United Coffs Harbour – Charm'd Group
University of New England
Warrina Women's Refuge
Wellways
Wesley Mission

* *Member of headspace Coffs Harbour Consortium*
^ *Member of headspace Grafton Consortium*

My headspace Work and Study Specialist helped me with my organisation skills, which included managing my timetable, work, study, and breaking down assessments. The support allowed me to realise that year 12 wasn't so bad when you have someone to break things down with, which allowed me to feel less stressed over the year. I ended my year getting DUX of my school, the Ampol all-rounder award for my various achievements, and was able to get into the degree I wanted.

Young Person, headspace Work and Study



FINANCIAL REPORT

Health Voyage Limited

ABN: 73 738 289 843

Financial Statements

For the Year Ended 30 June 2026

Health Voyage Limited

Statement of Profit or Loss and Other Comprehensive Income

For the Year Ended 30 June 2026

	Note	2026 $	2025 $
Operating revenue	5	**6,447,338**	8,377,200
Other income	5	**187,853**	244,628
		6,635,191	8,621,828
Employee Benefits Expense		**(4,974,482)**	(4,919,143)
Contract MBS HM		**(8,367)**	(1,503,474)
Rent & Occupancy Expenses		**(309,752)**	(294,992)
IT Support & Software Expense		**(213,604)**	(206,971)
Insurance - Workers Compensation & General		**(186,072)**	(156,311)
Consulting		**(105,309)**	(63,733)
Utilities - Telephone & Electricity		**(81,753)**	(72,653)
Advertising & promotions		**(66,034)**	(77,089)
Cleaning		**(63,400)**	(66,053)
Equipment		**(55,177)**	(102,414)
Motor Vehicle Expenses		**(52,189)**	(45,668)
Staff Training & Development		**(47,913)**	(110,757)
Maintenance		**(45,496)**	(75,310)
Workshop Expenses		**(35,768)**	(98,538)
Community Awareness Expenses		**(31,178)**	(34,030)
Medical Supplies		**(29,084)**	(41,542)
Printing, Postage, & Stationary		**(19,948)**	(21,758)
Lease Office Equipment		**(9,581)**	(9,581)
Consumer & Carer Participation		**(1,272)**	(801)
Other Operating Expenses		**(133,967)**	(150,090)
Uninsured flood provision expense		**(10,000)**	(150,000)
Loss on disposal of asset		**-**	(118,472)
Depreciation and amortisation expense		**(266,962)**	(284,526)
(Deficit)/Surplus for the year		**(112,117)**	17,922
Other comprehensive income		**-**	-
Total comprehensive income for the year		**(112,117)**	17,922

The accompanying notes form part of these financial statements.

Health Voyage Limited

Statement of Financial Position

As At 30 June 2026

	Note	2026 $	2025 $
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	7	**3,583,648**	3,841,838
Trade and other receivables	8	**18,687**	35,815
Other assets	9	**67,442**	63,840
TOTAL CURRENT ASSETS		**3,669,777**	3,941,493
NON-CURRENT ASSETS			
Property, plant and equipment	10	**1,488,062**	1,662,884
TOTAL NON-CURRENT ASSETS		**1,488,062**	1,662,884
TOTAL ASSETS		**5,157,839**	5,604,377
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	11	**191,041**	472,156
Employee benefits	14	**365,518**	374,356
Other financial liabilities	13	**906,125**	950,533
TOTAL CURRENT LIABILITIES		**1,462,684**	1,797,045
NON-CURRENT LIABILITIES			
Employee benefits	14	**44,808**	59,766
Other provisions	12	**172,898**	158,000
TOTAL NON-CURRENT LIABILITIES		**217,706**	217,766
TOTAL LIABILITIES		**1,680,390**	2,014,811
NET ASSETS		**3,477,449**	3,589,566
EQUITY			
Reserves		**524,858**	524,858
Retained earnings		**2,952,591**	3,064,708
		3,477,449	3,589,566
TOTAL EQUITY		**3,477,449**	3,589,566

The accompanying notes form part of these financial statements.

Health Voyage Limited

Statement of Changes in Equity

For the Year Ended 30 June 2026

2026

	Retained Earnings	General Reserve	Redundancy Reserve	Total
	$	$	$	$
Balance at 1 July 2025	**3,064,708**	**364,858**	**160,000**	**3,589,566**
Deficit attributable to the entity	**(112,117)**	**-**	**-**	**(112,117)**
Balance at 30 June 2026	**2,952,591**	**364,858**	**160,000**	**3,477,449**

2025

	Retained Earnings	General Reserve	Redundancy Reserve	Total
	$	$	$	$
Balance at 1 July 2024	3,046,786	364,858	160,000	3,571,644
Surplus attributable to the entity	17,922	-	-	17,922
Balance at 30 June 2025	3,064,708	364,858	160,000	3,589,566

The accompanying notes form part of these financial statements.

Health Voyage Limited

Statement of Cash Flows

For the Year Ended 30 June 2026

	Note	2026 $	2025 $
CASH FLOWS FROM OPERATING ACTIVITIES:			
Receipts from customers, and government sources		**7,054,097**	7,776,424
Payments to suppliers and employees		**(7,363,012)**	(8,409,792)
Interest received		**142,774**	167,057
Net cash provided by/(used in) operating activities	21	**(166,141)**	(466,311)
CASH FLOWS FROM INVESTING ACTIVITIES:			
Proceeds from sale of plant and equipment		**2,682**	4,773
Purchase of property, plant and equipment		**(94,731)**	(188,693)
Net cash provided by/(used in) investing activities		**(92,049)**	(183,920)
Net increase/(decrease) in cash and cash equivalents held		**(258,190)**	(650,231)
Cash and cash equivalents at beginning of year		**3,841,838**	4,492,069
Cash and cash equivalents at end of financial year	7	**3,583,648**	3,841,838

The accompanying notes form part of these financial statements.

Notes to the Financial Statements
For the Year Ended 30 June 2026

1 Introductions
The financial report covers Health Voyage Limited as an individual entity. Health Voyage Limited is a not-for-profit Company limited by guarantee, incorporated and domiciled in Australia.

The principal activities of the Company for the year ended 30 June 2026 were as a multi-disciplinary service providing evidence based clinical, health promotion and allied health services for those at risk in the community.

The functional and presentation currency of Health Voyage Limited is Australian dollars.

Comparatives are consistent with prior years, unless otherwise stated.

2 Basis of Preparation
In the opinion of the Directors the Company is not a reporting entity since there are unlikely to exist users of the financial statements who are not able to command the preparation of reports tailored so as to satisfy specifically all of their information needs. These special purpose financial statements have been prepared to meet the reporting requirements of the *Australian Charities and Not-for-profits Commission Act 2012*.

The financial statements have been prepared in accordance with the recognition and measurement requirements of the Australian Accounting Standards and Accounting Interpretations, and the disclosure requirements of AASB 101 Presentation of Financial Statements, AASB 107 Statement of Cash Flows, AASB 108 Accounting Policies, Changes in Accounting Estimates and Errors, AASB 124, Related Party Disclosures, AASB 1048, Interpretation of Standards and AASB 1054 Australian Additional Disclosures.

The financial statements have been prepared on an accruals basis and are based on historical costs modified, where applicable, by the measurement at fair value of selected non-current assets, financial assets and financial liabilities.

Material accounting policies adopted in the preparation of these financial statements are presented below and are consistent with prior reporting periods unless otherwise stated.

The financial statements and material accounting policies all comply with the recognition and measurement requirements in Australian Accounting Standards, except for AASB 16 Leases which has not been applied, the policy applied for leases is mentioned below in note 3(g). AASB 137 Provisions, Contingent Liabilities and Contingent Assets has not been applied in relation to provisions as described in note 3(h). In addition, AASB 9 Financial Instruments has not been applied in relation to the measurement and classification of term deposits and cash and cash equivalents, with the accounting policy adopted for these balances disclosed in Note 3(e).

3 Summary of Material Accounting Policies

(a) Revenue and other income

Revenue from contracts with customers
The core principle of AASB 15 is that revenue is recognised on a basis that reflects the transfer of promised goods or services to customers at an amount that reflects the consideration the Company expects to receive in exchange for those goods or services.

Generally the timing of the payment for sale of goods and rendering of services corresponds closely to the timing of satisfaction of the performance obligations, however where there is a difference, it will result in the recognition of a receivable, contract asset or contract liability.

None of the revenue streams of the Company have any significant financing terms as there is less than 12 months between receipt of funds and satisfaction of performance obligations.

Notes to the Financial Statements
For the Year Ended 30 June 2026

3 Summary of Material Accounting Policies

(a) Revenue and other income

Specific revenue streams
The revenue recognition policies for the principal revenue streams of the Company are:

Grant and government funding revenue
When grant revenue is received whereby the entity incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

Capital Grants
Generally when a capital grant revenue is received whereby the entity incurs an obligation to expend funds on non specific capital purchases, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the capital purchase occurs, whereby the amount is then recorded as income.

Major capital grants with a specific purpose is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the capital purchase occurs. The revenue is then recorded on regular basis over the effective life of the asset.

Services Revenue
Revenue is recognised on transfer services to the client as this is deemed to be the point in time when risks and rewards are transferred and there is no longer any ownership or effective control over the services. Payments are received in arrears after the service has already been provided, and there is no specific ongoing performance obligation connected to the revenue received. A receivable in relation to these services is recognised when a bill or claim has been invoiced or submitted, as this is the point in time that the consideration is unconditional because only the passage of time is required before the payment is due

Revenue recognition policy for contracts which are either not enforceable or do not have sufficiently specific performance obligations
Revenue is recognised on transfer services to the client as this is deemed to be the point in time when risks and rewards are transferred and there is no longer any ownership or effective control over the services

(b) Income tax
The Company is exempt from income tax under Division 50 of the *Income Tax Assessment Act 1997*.

(c) Volunteer services
No amounts are included in the financial statements for services donated by volunteers.

(d) Property, plant and equipment
Each class of property, plant and equipment is carried at cost less, where applicable, any accumulated depreciation and impairment.

Leasehold Improvements
Leasehold Improvements are measured using the cost model.

Plant and Equipment
Plant and equipment are measured using the cost model.

Notes to the Financial Statements
For the Year Ended 30 June 2026

3 Summary of Material Accounting Policies

(d) Property, plant and equipment

Depreciation
Property, plant and equipment, excluding freehold land, is depreciated on a straight-line or diminishing basis over the asset's useful life to the Company, commencing when the asset is ready for use.

The depreciation rates used for each class of depreciable asset are shown below:

Fixed asset class	Depreciation rate
Plant and Equipment	2% - 100%
Motor Vehicles	12.5%
Leasehold improvements	10%

(e) Financial instruments

Financial assets
All recognised financial assets are subsequently measured in their entirety at either amortised cost or fair value, depending on the classification of the financial assets.

Classification
On initial recognition, the Company classifies its financial assets to be measured at amortised cost.

Amortised cost
The Company's financial assets measured at amortised cost comprise trade and other receivables and cash and cash equivalents in the statement of financial position.

Subsequent to initial recognition, these assets are carried at amortised cost method less provision for impairment.

Interest income, and impairment are recognised in profit or loss. Gain or loss on derecognition is recognised in profit or loss.

Impairment of financial assets
Impairment of financial assets is recognised on an expected credit loss (ECL) basis for financial assets measured at amortised cost.

Where the simplified approach to expected credit loss (ECL) is not applied, the Company uses the presumption that an asset which is more than 30 days past due has seen a significant increase in credit risk.

The Company uses the presumption that a financial asset is in default when:

- the other party is unlikely to pay its credit obligations to the Company in full, without recourse to the Company to actions such as realising security (if any is held); or
- the financial asset is more than 90 days past due.

Notes to the Financial Statements
For the Year Ended 30 June 2026

3 Summary of Material Accounting Policies

(e) Financial instruments

Financial assets

Trade receivables
Impairment of trade receivables have been determined using the simplified approach in AASB 9 which uses an estimation of lifetime expected credit losses.

The amount of the impairment is recorded in a separate allowance account with the loss being recognised in finance expense. Once the receivable is determined to be uncollectible then the gross carrying amount is written off against the associated allowance.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand, cash at bank and term deposits held with financial institutions. For the purposes of these financial statements, all term deposits are classified as cash and cash equivalents regardless of their original maturity date or term to maturity, provided the funds are available for use by the entity and are not subject to significant restrictions. Cash and cash equivalents are carried at cost, which approximates fair value due to their short-term nature.

Financial liabilities
The financial liabilities of the Company comprise trade and other payables.

(f) Impairment of non-financial assets
At the end of each reporting period the Company determines whether there is evidence of an impairment indicator for non-financial assets.

Where an indicator exists and regardless for indefinite life intangible assets and intangible assets not yet available for use, the recoverable amount of the asset is estimated.

(g) Leases
The Company has elected not to apply AASB 16 to leases of intangible assets. The Company recognised the payments associated with these leases as an expense on a straight-line basis over the lease term.

(h) Provisions
Provisions are recognised when the entity has a present obligation arising from a past event, and it is probable that an outflow of economic resources will be required to settle the obligation. Provisions are measured at management's best estimate of the expenditure required to settle the obligation at the reporting date. The entity recognises a provision for future flood insurance costs based on management's assessment of the expected insurance expenditure relating to the protection of the entity's assets and operations.

(i) Economic dependence
Health Voyage Limited is dependent on the Healthy North Coast for the majority of its revenue used to operate the business. At the date of this report the directors have no reason to believe the Healthy North Coast will not continue to support Health Voyage Limited.

(j) Adoption of new and revised accounting standards
The Company has adopted all standards which became effective for the first time at 30 June 2026, the adoption of these standards has not caused any material adjustments to the reported financial position, performance or cash flow of the Company.

Notes to the Financial Statements
For the Year Ended 30 June 2026

4 Critical Accounting Estimates and Judgements

The Directors make estimates and judgements during the preparation of these financial statements regarding assumptions about current and future events affecting transactions and balances.

These estimates and judgements are based on the best information available at the time of preparing the financial statements, however as additional information is known then the actual results may differ from the estimates.

The significant estimates and judgements made have been described below.

Key estimates - impairment of property, plant and equipment

The Company assesses impairment at the end of each reporting period by evaluating conditions specific to the Company that may be indicative of impairment triggers. Recoverable amounts of relevant assets are reassessed using value-in-use calculations which incorporate various key assumptions.

Key estimates - estimation of useful lives of assets

The Company determines the estimated useful lives and related depreciation and amortisation charges for its property, plant and equipment. The useful lives could change significantly as a result of technical innovations or some other event. The depreciation and amortisation charge will increase where the useful lives are less than previously estimated lives, or technically obsolete or non-strategic assets that have been abandoned or sold will be written off or written down.

Key estimates - Employee benefits provision

The liability for employee benefits expected to be settled more than 12 months from the reporting date are recognised and measured at the present value of the estimated future cash flows to be made in respect of all employees at the reporting date. In determining the present value of the liability, estimates of attrition rates and pay increases through promotion and inflation have been taken into account.

Key estimates - receivables

The receivables at the reporting date have been reviewed to specifically provide for any debts which are considered irrecoverable. The remaining debts have been subject to expected credit loss testing based on the history of the association with the counterparty, the current economic climate and any future expectations relating to the industry and circumstances of the counterparty.

Key estimates - uninsured flood provision

The determination of the uninsured flood provision requires significant judgement and estimation by management. The provision is based on management's assessment of the expected future costs that may be incurred in relation to uninsured flood events, taking into account historical experience, known risks, geographic considerations and other relevant factors. Actual costs incurred may differ from the amounts estimated, and such differences will be recognised in profit or loss in the period in which they become known.

Notes to the Financial Statements
For the Year Ended 30 June 2026

5 Other Revenue and Income

Revenue from continuing operations

	2026	2025
	$	$
Revenue from contracts with customers		
- Grant funding	**5,479,312**	7,466,317
- Provision of services	**968,026**	910,883
	6,447,338	8,377,200
Other Income		
- Sundry income	**145,906**	192,259
- Donations	**41,856**	47,596
- Profit on Disposal of Asset	**91**	4,773
	187,853	244,628
Total Revenue and other income	**6,635,191**	8,621,828

6 Result for the Year

The result for the year includes the following specific expenses:		
Superannuation contributions	**520,977**	493,953
Rental expense on operating leases:		
- Minimum lease payments	**277,399**	276,388

7 Cash and Cash Equivalents

Cash on hand	**600**	600
BCU Bank balances	**2,510,418**	539,568
Westpac Community One Visa	**3,811**	7,445
Westpac Community Solution One	**108**	7,324
Westpac WHC	**1,433**	1,609
BCU Term Deposits	**1,037,104**	3,285,292
Budgetly	**30,174**	-
	3,583,648	3,841,838

Notes to the Financial Statements
For the Year Ended 30 June 2026

8 Trade and Other Receivables

	2026	2025
	$	$
CURRENT		
Trade and other receivables	**18,687**	20,060
GST receivable	**-**	15,755
	18,687	35,815

9 Other Non-Financial Assets

CURRENT		
Prepayments	**67,442**	63,840

10 Property, Plant and Equipment

PLANT AND EQUIPMENT		
Plant and equipment		
At cost	**828,803**	828,803
Accumulated depreciation	**(494,493)**	(398,524)
Total plant and equipment	**334,310**	430,279
Motor vehicles		
At cost	**80,114**	80,114
Accumulated depreciation	**(35,350)**	(22,744)
Total motor vehicles	**44,764**	57,370
Leasehold Improvements		
At cost Headspace Grafton	**124,600**	124,600
At cost Coffs Harbour	**1,540,970**	1,446,239
Accumulated amortisation	**(556,582)**	(395,604)
Total leasehold improvements	**1,108,988**	1,175,235
Total plant and equipment	**1,488,062**	1,662,884
Total property, plant and equipment	**1,488,062**	1,662,884

Notes to the Financial Statements
For the Year Ended 30 June 2026

10 Property, Plant and Equipment

(a) Movements in carrying amounts of property, plant and equipment

Movement in the carrying amounts for each class of property, plant and equipment between the beginning and the end of the current financial year:

	Plant and Equipment	Motor Vehicles	Leasehold Improvements	Total
	$	$	$	$
Year ended 30 June 2026				
Balance at the beginning of year	**430,279**	**57,370**	**1,175,235**	**1,662,884**
Additions	**-**	**-**	**94,731**	**94,731**
Disposals - written down value	**-**	**(2,591)**	**-**	**(2,591)**
Depreciation expense	**(95,969)**	**(10,015)**	**(160,978)**	**(266,962)**
Balance at the end of the year	**334,310**	**44,764**	**1,108,988**	**1,488,062**

	Plant and Equipment	Motor Vehicles	Leasehold Improvements	Total
	$	$	$	$
Year ended 30 June 2025				
Balance at the beginning of year	500,505	43,873	1,332,811	1,877,189
Additions	43,193	20,900	124,600	188,693
Disposals - written down value	-	-	(118,472)	(118,472)
Depreciation expense	(113,419)	(7,403)	(163,704)	(284,526)
Balance at the end of the year	430,279	57,370	1,175,235	1,662,884

11 Trade and Other Payables

	2026	2025
	$	$
CURRENT		
Trade payables	**31,693**	196,380
GST Payable	**75,333**	-
Employee benefits	**84,015**	272,034
Sundry payables and accrued expenses	**-**	3,742
	191,041	472,156

Trade and other payables are unsecured, non-interest bearing and are normally settled within 30 days. The carrying value of trade and other payables is considered a reasonable approximation of fair value due to the short-term nature of the balances.

Notes to the Financial Statements
For the Year Ended 30 June 2026

12 Provisions

	2026	2025
	$	$
NON-CURRENT		
Provision for uninsured flood damage	**160,000**	150,000
Provision for medical brokerage fund	**12,898**	8,000
	172,898	158,000

13 Other Liabilities

CURRENT		
Grants & Funds in Advance	**906,125**	950,533

14 Employee Benefits

CURRENT		
Long service leave	**87,080**	88,031
Annual leave	**278,438**	286,325
	365,518	374,356
NON-CURRENT		
Long service leave	**44,808**	59,766

15 Reserves

(a) General reserve
The general reserve records funds set aside for future expansion of Health Voyage Limited.

(b) Redundancy reserve
The redundancy reserve records funds set aside for future possible redundancies of employees of Health Voyage Limited.

16 Auditors' Remuneration

Remuneration of the auditor Moore Australia (QLD/NNSW) for:		
- auditing the financial statements	**15,960**	15,200

Notes to the Financial Statements
For the Year Ended 30 June 2026

17 Lease Commitments

The entity has elected not to apply *AASB 16 Leases*. The non-cancelable lease commitments for the entity are as follows. Leases are for office locations at Coffs Harbour and Grafton and are for periods ranging between 1 to 12 months.

	2026	2025
	$	$
Minimum lease payments		
Less than 12 months	**226,651**	220,200
1 - 5 Years	**228,148**	449,650
	454,799	669,850

18 Key Management Personnel Disclosures

The remuneration paid to key management personnel of the Company is $ 343,169 (2025: $ 364,968).

19 Contingencies

In the opinion of the Directors, the Company did not have any contingencies at 30 June 2026 (30 June 2025:None).

20 Related Parties

The Company's main related parties are as follows:

Key management personnel - refer to Note 18.

Related parties include close family members of key management personnel and entities that are controlled or significantly influenced by those key management personnel or their close family members.

Transactions with related parties

There were no related party transactions in the 2026 or the 2025 financial year.

Notes to the Financial Statements
For the Year Ended 30 June 2026

21 Cash Flow Information

Reconciliation of result for the year to cashflows from operating activities
Reconciliation of net income to net cash provided by operating activities:

	2026	2025
	$	$
Profit for the year	**(112,117)**	17,922
Cash flows excluded from profit attributable to operating activities		
Non-cash flows in profit:		
- depreciation	**266,962**	284,526
- net gain on disposal of property, plant and equipment	**(91)**	(4,773)
- net loss on disposal of property, plant and equipment	**-**	118,472
Changes in assets and liabilities:		
- (increase)/decrease in trade and other receivables	**17,127**	(16,264)
- (increase)/decrease in prepayments	**(3,601)**	(9,625)
- increase/(decrease) in income in advance	**(44,408)**	(1,279,523)
- increase/(decrease) in trade and other payables	**(281,115)**	292,157
- increase/(decrease) in provisions	**14,898**	158,000
- increase/(decrease) in employee benefits	**(23,796)**	(27,203)
Cashflows from operations	**(166,141)**	(466,311)

22 Events Occurring After the Reporting Date

On 3 September 2026 the Company signed a contract to acquire the businesses of Harbour Therapy Clinic, Harbour Therapy Clinic Wellness Studio, HTC Wellness Studio, and Reflective Psychology, for a purchase consideration of 560,000. Completion date is to occur 13 January 2027.

The purchase will be satisfied using cash reserves. The financial effect of this transaction has not been brought to account in the 2026 financial statements, as contracts were signed post date.

23 Statutory Information

The registered office and principal place of business of the Company is:
Health Voyage Limited
45-53 Little Street
Coffs Harbour NSW 2450

Health Voyage Limited

Directors' Declaration

In the directors' opinion:

1. the financial statements and notes, as set out on pages 1 to 15, are in accordance with the Australian Charities and Not-for-profits Commission Act 2012 inlcuding:

   (a) complying with Australian Accounting Standards as stated in Note 2; and, and the Australian Charities and Not-for-profits Commission Regulation 2022; and

   (b) giving a true and fair view of the financial position as at 30 June 2026 and of the performance for the year ended on that date of is in accordance with the accounting policies described in Note 3 of the financial statements.

2. there are reasonable grounds to believe that the Company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.

Director ..... Director .....

Dated 29 September 2026
Location: Coffs Harbour

MOORE

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Independent Audit Report
To the members Health Voyage Limited

Report on the Audit of the Financial Report

Opinion

We have audited the financial report of Health Voyage Limited ("the Company"), which comprises the statement of financial position as at 30 June 2026, the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the responsible persons' declaration.

In our opinion the financial report of the Company is in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012,* including:

i. giving a true and fair view of the Company's financial position as at 30 June 2026 and of its financial performance for the year then ended; and

ii. complying with Australian Accounting Standards to the extent described in Note 2 and Division 60 of the *Australian Charities and Not-for-profit Commission Regulation 2022*.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Company in accordance with the auditor independence requirements of the *Australian Charities and Not-for-profits Commission Act 2012* and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 *Code of Ethics for Professional Accountants (including Independence Standards)* (the "Code") that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter - Basis of Accounting

We draw attention to Note 2 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the Registered Entity's financial reporting responsibilities under the *Australian Charities and Not-for-profits Commission Act 2012*. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibilities of Responsible Entities for the Financial Report

The responsible persons of the Company are responsible for the preparation of:

a) the financial report that gives a true and fair view in accordance with basis of preparation described in Note 2 to the financial report and the *Australian Charities and Not-for-profits Commission Act 2012*; and

b) for such internal control as the directors determine is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the responsible persons are responsible for assessing the ability of the Company to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the directors either intend to liquidate the Company or to cease operations, or has no realistic alternative but to do so.

The directors of the Company have determined that the basis of preparation described in Note 2 to the financial report is appropriate to meet the requirements of the *Australian Charities and Not-for-profits Commission Act 2012* and the needs of the members.

MOORE

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

A further description of our responsibilities for the audit of the financial report is located on the Auditing and Assurance Standards Board website at: https://www.auasb.gov.au/auditors_responsibilities/ar4.pdf. This description forms part of our auditor's report.

Robyn Speed
Partner – Audit and Assurance
Moore Australia Audit (QLD/NNSW)
Brisbane, Queensland
29 September 2026

Moore Australia
Moore Australia Audit (QLD/NNSW)
Chartered Accountants

healthvoyage

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headspace Grafton
Coffs Harbour Women's Health Centre

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